

ENG 202- CAUSE & EFFECT

Read the essay and fill in the gaps with a suitable expression:

Smoking is one of the most common social problems nowadays. It starts as a way of having fun but leads to an addiction. Today, we often hear of smoking among teenagers. This essay aims to highlight the main causes and effects of smoking.

There are many causes and effects behind the problem of smoking among people. 1. _____, most people start smoking because they just want to try then it becomes a bad habit! which is difficult to quit. 2. _____, after smoking for a while, the smoker would suffer from breathing problems such as asthma, heart diseases, high blood pressure, sleeping difficulties, and find difficulty to practice any type of sport.

Another important effect of smoking is that it 3. _____ a lot of anger for the smokers, especially when they lack cigarettes. This problem has an 4. _____ on their social life in addition to their health since anger does affect health. Moreover, some people smoke because they think a cigarette would relieve stress which is a false belief. Another effect is that smoking causes lung cancer which has no cure and often leads to serious health issues. 5. _____, many people start smoking during their early teens, due to peer pressure and acceptance. 6. _____ of smoking is that it can easily make a body weak and cause a slow and steady death.

7. _____ smoking is dangerous. Schools, families and the community should work together to stop smoking among teenagers. Achieving that means having a healthier society.