

Mini Test Practice: PRESENT CONTINUOUS vs SIMPLE PRESENT

A) Complete the text with the correct form of the Present Simple or the Present Continuous. Pay attention to the helping words!



This is Usain Bolt. He _____ (be) an athlete who won medals in the 100-meters races. He _____ (be) 37 years old and his birthday is on August 21st. He _____ (like) running races, but he _____ (not like) losing. Every day, he _____ (wake) up early and _____ (have) a big breakfast. After that, he _____ (train) with his brother. They sometimes _____ (go) swimming two thousand meters, they _____ (not stop)! Today is Saturday, but Usain _____ (not run) with his brother, he _____ (go) to the gym.

In his free time, he often _____ (prefer) playing football with his friends. But tonight he _____ (watch) a movie with his sister.

B) Choose a verb from the box to complete the text and write it in Present Simple or Present Continuous.

run - go - have- eat - go - watch - play

Look! Usain and his brother _____ breakfast and _____ TV. He usually _____ to the gym and _____ in the afternoon. He sometimes _____ football with his friends and _____ to the cinema with his sister, but today he _____ dinner with his family.

C) Decide if the following sentences are in Present Simple (PS) or Present Continuous (PC). Write "PS" or "PC".

1- I always go to school by bus. _____

2- Sandren and Helen aren't playing hockey, they are studying for the test. _____

3- Listen! Jen and his boyfriend are watching a horror movie. _____

4- She doesn't like reading. _____