

Every morning I up at 6:30. Then I to the bathroom and a shower. After that I get dressed and have an omelette for I leave home at 7:20 and.....to work.....train. I start work at 8:30. In the morning I usually have a of coffee but sometimes I have a cup of green I always have a sandwich or a salad for..... In the afternoon I often have aof green tea and sometimes I have a biscuit or a piece of chocolate. I finish work at 5:30. Every day Ihome in the evening and have..... After dinner Ia film. I often watch a film on Saturday night. I sometimes to the radio in the car. I don't read books very often but I read a lot ofevery day. I don't play sports but I like walking. On Sunday mornings I in the park. I usually to bed at 11:00.