

Watch the episode and mark the statements True or False

1. There is always an inner critic inside of every person. **True** **False**
2. To have the explanation, we have to focus on the future. **True** **False**
3. We are convinced that all the trouble happened because of the circumstances. **True** **False**
4. Children would prefer to think that they live in a rational world. **True** **False**
5. As a result, an adult thinks that positive things are just a cover for hatred. **True** **False**
6. We shouldn't say goodbye to our inner critic as adults. **True** **False**