



- \_\_\_8. Your teammate has a sprain.
- Rest the injured part. Ice and cold compress apply. Compress the injured and, Elevate the injured part.
  - Rest the injured part. Elevate the injured part. Ice and cold compress apply and, Compress the injured.
- \_\_\_9. Because of her allergy, your sister's nose is bleeding.
- Let the head bent slightly forward
  - Let the head tip back
- \_\_\_10. Your classmate has a wound on her knee
- Cover the wound temporarily with a clean bandage
  - Let the wound get an infection

C. **Definition.** Define the common injuries below. Write your answers on the blank. (8 points)

1. Wound

---

2. Sprain

---

3. Nosebleed

---

4. Burns and Scalds

---