

Extract one

LISTENING TASK - Difficulty level: C2 / advanced

You hear a gymnast speaking about competing.

1) How is she influenced by the atmosphere in the area of competition?

It can be quite daunting.

She needs to rein in her fears.

Her senses become extremely discriminating.

2) What effect do all the people watching have on her?

She is able to eliminate them from her reality.

She had therapy to overcome her nerves.

She loves the attention.

Extract two

You hear someone speaking about going on an underwater dive.

1) How did she communicate with her colleagues?

Fortunately, she understood sign language.

She had to resort to physical contact.

She was grateful for her electronic devices.

2) How does the speaker feel about having to abandon an uncontrollable diver?

She would have no problem taking the necessary steps.

It is something she would find very difficult.

She sees it as regrettable but necessary.

Extract three

You hear someone speaking about being an activist.

1) How has her understanding of the subject evolved?

She realises she has to fight harder for her beliefs.

She has become more aware of the nuances of certain issues.

She comprehends the effect the weather has on activism.

2) What challenges does she admit to having to face?

The sheer enormity of the endeavour can become demoralising.

Having to combat vested interests is draining.

The slowness of progress can be disillusioning.

LISTENING TASK 2 - Difficulty level: C2 / advanced

In this part, you will hear a monologue. You then have to complete 9 sentences with information heard on the recording. You can listen to the audio twice.

You will hear a radio programme about Biomimicry, the science of copying nature in order to create new technologies. For questions 1-9, complete the spaces with a word or a short phrase.

1. Biomimicry imitates nature's structures, processes and _____ to create new ideas.
2. Velcro was developed after its inventor observed the sticking qualities of one particular plant's _____.
3. Wood has the beneficial feature of being able to _____.
4. The synthetic 'wood' created for the post office will not _____ according to surrounding environmental conditions.
5. The Namibian Fog Basking beetle uses its ability to _____ in order to live in harsh conditions.
6. A _____ on the beetle's shell repels water and aids the formation of large droplets.
7. The Sahara Forest project utilised this concept in the design of a _____.

8. The 'Able Project' uses _____ from the composting process as an input to the fish farm.
9. The extinction of one species of _____ has prevented scientists from finding a cure for excess stomach acid.