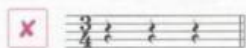
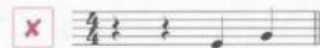
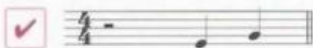


- Use a **single rest** for a complete bar of silence in any time signature. At Grade 2, this will always be a semibreve rest: 



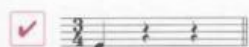
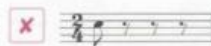
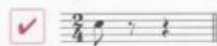
- Use a **single rest** when the first or second half of a $\frac{4}{4}$ or $\frac{2}{4}$ bar is silent:



- For silences in the middle of a beat, it's often best to use a **new rest** for each half-beat of silence:



- In other circumstances, use **one rest for each beat** of silence:



Grouping rests

Grouping rests

- Use a semibreve (whole note) rest for a complete bar of silence.



- Use a rest for each beat.

Minim beat (half note beat)	Crotchet beat (quarter note beat)	Quaver beat (8th note beat)

DO NOT have a single rest from a weak to a strong beat.

- In $\frac{4}{2}$ and $\frac{4}{4}$, use a two-beat rest for beats 1-2 or 3-4.



Notes: remember about the weak beat and strong beats!

4/4 is:

Strong - weak - Strong - weak

So you can't group beat 2 and beat 3 as a one rest, because it will make the strong beat (beat 3) not clear enough

