



Name: _____ Date: _____

Instructions: Watch the video shared by the teacher and the fill the gaps.

Video quiz questions

1) How do they feel?

- a. They feel good
- b. They feel bad
- c. Elena feels good, but Alex feels bad
- d. Alex feels good, but Elena feels bad

2) Why does Elena feel good?

Because she has _____ habits.

3) Why does Alex feel bad?

Because he has _____ habits.

4) Elena ate healthy food yesterday. What did she eat?

Match the items:

for lunch I ate some salad

for breakfast I ate eggs and toast and drank some orange juice

for dinner. I ate chicken and vegetables

6) What did Alex eat?

Match the items:

for breakfast more french fries

for dinner yesterday, I, three
dough



7) How many glasses of water did she drink?

Answer the question using your own words

8) Did Alex Drink lots of water yesterday?

Answer the question using your own words

11) What activity did Elena NOT practice?

- a. Playing basketball
- b. Playing chess
- c. Riding her bicycle
- d. exercise
- e. Playing soccer

12) Organize the sentence

Put the words in order: soccer. outside day play, go all watch Alex, TV don't

13) Complete

Fill the gap: If you exercise, you will get more _____