

Some countries have introduced laws to limit the working hours that an employer can ask from an employee.

Why are these law introduced?

Is this a positive or negative trend?

Big Topic: Working/ Employment world

Small themes: Some countries – laws (limit the working hours) – employers vs employees

Question Type: Double Question (Why – positive/negative)

Đối với câu hỏi “Why” chắc các bạn không còn quá xa lạ với câu trả lời cứng (trả lời chung chung) cho ý NGUYÊN NHÂN:

This essay will first demonstrate that there are several underlying reasons/ driving factors behind this trend.

Hoặc nếu muốn nâng cấp (nói rõ lý do) chúng ta có thể viết như dưới đây:

This essay will first demonstrate physical and mental health of workers (A and B) are driving factors behind the introduction of these labor laws

Vậy đối với câu hỏi về xu hướng tích cực hay tiêu cực thì sẽ như thế nào? Cô gợi 3 cách viết sau, chúng ta linh hoạt dùng mở bài & thân bài và cả kết bài nữa nhé!

This should be seen/ viewed as a welcome development/ phenomenon.

This should be considered as progress/ a worthwhile/ encouraging development.

This can be construed as a commendable advancement.

Prevailing trend - driving factors – welcome development – at large – alleviate - can be construed/ seen/viewed as – prioritize – commendable advancement - overwhelmingly positive – pilot – take its toll on - societal and familial issues – potentially trigger – sleep disorders – work-related stress – undeniably – underlying causes – physical and mental health – imbalance – lower productivity – in the long run – burnout - prolonged hours - This serves as a testament to the idea that – necessarily – are inclined to – in return – prioritizes

Mở bài (đơn giản – câu cứng => phù hợp với band điểm vừa phải 6.5)

It has been acknowledged that several nations have enacted laws to regulate and restrict the number of working hours an employer can demand from an employee. This essay will first demonstrate that **there are several driving factors behind this prevailing tendency** and then suggest **that this should be viewed as a welcome** development for both employees and society at large.

Body 1:

The primary rationale behind legally restricting the average workday is to prevent companies from exploiting their employees. The _____ (môi trường làm việc với tốc độ hối hả) often _____ (dẫn tới) employees working _____ (thêm giờ) at workplace and even at home. This extended working time is likely to _____ (để lại hậu quả to lớn) physical and mental well-being of workers, _____ (điều này thể hiện) in many forms such as _____ (kiệt quệ sức lực), stress-related illnesses, and _____ (rối loạn giấc ngủ). _____ (sự mất cân bằng như thế) between personal life and work often leaves workers little time for themselves and their families, _____ (có nguy cơ) triggering many more _____ (vấn đề gia đình và xã hội) such as divorce. Recent studies have confirmed that is _____ (những căng thẳng liên quan tới công việc) one of the _____ (lý do chính) of numerous divorce cases in Vietnam.

This policy, in my opinion, can be _____ (=considered/viewed) as a commendable advancement, which is beneficial for both employees and employers. By limiting on the working hours, these policies help employees maintain their health and _____ (tạo dựng được 1 sự cân bằng giữa công việc và cuộc sống). This, in return, benefits the companies in the long run since employees are inclined to feel a higher sense of satisfaction and happily have longer work commitment with their workplace. Several developed nations including the UK, for example, has now piloted 4-day workweek during 6-month period with overwhelmingly positive results. _____ (điều này là minh chứng cho sáng kiến) the idea that reducing working hours does not necessarily lead to _____ (giảm) productivity or worse performance at work; it can actually have the opposite effect _____ (về đường dài).

In conclusion, the introduction of laws to limit working hours is _____ (không thể tranh cãi) a positive trend, as it _____ (ưu tiên) the health and happiness of employees and fosters workplace productivity.

Ngoài ra nếu bạn mong muốn aim điểm cao hơn thì có thể tham khảo nâng cấp mở bài:

Mở bài (linh hoạt – trong mở bài này chỉ rõ có lý do đó là **physical and mental health of workers**) (phù hợp với band điểm 7.5+)

It has been acknowledged that several nations have enacted laws to regulate and restrict the number of working hours an employer can demand from an employee. This essay will first demonstrate **physical and mental health of workers** are driving factors behind the introduction of these labor laws and then suggest that this should be viewed as a welcome development for both employees and society at large.