


## NRW and Entry 1 RARPA Task Semester 2 Part 1

Target: Name key words for a healthy lifestyle and know how they help me	1. Match the healthy living phrase to the picture 2. Write a sentence about what you do every day to stay healthy
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1. Match the healthy living phrase to the correct picture:

wash your hands	
eat vegetables	
walk for 30 minutes	
talk with a friend	
drink 2 L water	
have breaks from screens	
find one thing to be thankful for	

2. About you: what do you do every day?

Example: **I** wash my hands every day.