Progress Test 3

Units 5 & 6

Name: _____

Date: _____

Mark: _____ / 80 marks

Reading

A **Read the article about the Special Olympics.**

The Special Olympics

The Special Olympics were founded in Chicago, Illinois in 1968 and since then they have become an important sporting event both in the United States and around the world. Today there are competitions in 180 countries featuring 30 different summer and winter sports. In addition to these local and national competitions, there are Special Olympic Games. There are Winter and Summer Games and they alternate every two years. So what is special about the Special Olympics? The program was designed for athletes who want to compete in important sport events, but have intellectual disabilities. The program has several important goals. One is to encourage these people to become more physically fit. Another is to help them feel confident and more comfortable in the world. In addition, the games help create a positive public attitude toward a group of people that is often forgotten.

The Special Olympics feature a wide variety of sports including swimming, sailing, basketball, cycling, football and bowling. Because of the participants' limitations, the rules of the games have been changed somewhat. For example, in sailing competitions, each Special Olympics athlete is paired with a trained coach. This person can assist the competitor if necessary and help maintain a safe situation. If a boat contains over three crew members, the majority of them must be Special Olympics athletes.

For cycling competitions, however, the rules are different. In this case, the athletes who are not visually impaired race by themselves, with race coordinators supervising the competition from a distance. However, cyclists who can't see very well or are completely blind, are accompanied by a pilot to help them follow the course and avoid dangerous situations. Training for the cycling competition starts with practising riding in single rows. It also includes doing simple bicycle repairs and reviewing the rules of the race. Competitors also learn about general bike safety, including the importance of wearing the proper clothing and helmet.

In recent years, the Special Olympics College, which is a network of college and university students that supports the Special Olympics, has become an important part of the program. Through this organisation, college students work for the benefit of individuals with intellectual disabilities. This includes not only helping with training for the sporting competitions, but also working toward the increased acceptance of all people, regardless of their physical or mental ability.

Along with their mission, the inspirational motto of the Special Olympics is, 'Let me win. But if I cannot win, let me be brave in the attempt.'

Copyright © National Geographic Learning.
Permission granted to photocopy for classroom use.

LIVEWORKSHEETS

B **Read the article again and complete the *Exam Task*.**

Exam Task

Look at the sentences below. Read the article again to decide if each sentence is correct or incorrect. Write **T** (True) or **F** (False).

1. Special Olympic Games are held in two seasons. ☐
2. The organisers of the Special Olympics usually have physical difficulties. ☐
3. This sports event aims to inspire disabled people to take up sport. ☐
4. According to the writer, society doesn't focus enough on disabled people. ☐
5. The sports are played by the same rules as in any other athletic event. ☐
6. The coaches' role in the Special Olympics is to help and protect the athletes. ☐
7. Only the cyclists who have problems with their sight can race with a pilot. ☐
8. Cyclists learn how to fix a bicycle while training for the competition. ☐
9. The college students who train for the Special Olympics must be athletes themselves. ☐
10. According to the motto, trying is not as important as winning in sport. ☐

(___ / 10 marks)

Copyright © National Geographic Learning.
Permission granted to photocopy for classroom use.

LIVEWORKSHEETS

Vocabulary and Use your English

A Circle the correct words.

1 We visited a tiny attic / castle in the countryside.
2 There was a solar panel on the ceiling / roof of the house.
3 The school is planning to hold an athletic referee / competition next Sunday.
4 The line umpire / judge said the ball was out and the Spanish tennis player won the cup.
5 Running on the athletics track / pitch is better than running on cement.
6 The live in a terraced / semi-terraced house so they have neighbors on both sides.
7 We had to use the bungalow / lift to get to the tenth floor.
8 My grandma fills up the garage / sink with hot water before she does the washing up.
9 My neighbours have got some lovely plants on their basement / balcony.
10 We couldn't believe he sent the ball to the post / net like that. What an amazing goal!

(___ / 10 marks)

B Match the first parts of the sentences 1–10 with the second parts a–j.

1 I'm tired. I'm going	☐	a make a mess.
2 At the end of the month, we plan to	☐	b to break the record.
3 Mr Hill bought a smartphone. He knows he must	☐	c to take a break.
4 She's running so fast, I think she's going	☐	d move with the times.
5 If you don't want to be annoying, make sure not	☐	e move house.
6 I dropped my plate of food on the floor and	☐	f to make noise.
7 Open the windows for some fresh air before you	☐	g do some housework.
8 Eric loves having a dishwasher so he doesn't need	☐	h to do the dishes.
9 The house is a mess so this weekend we must	☐	i make dinner.
10 It's nearly 7.30 pm. We should go to the kitchen and	☐	j make the bed.

(___ / 10 marks)

C Complete the table.

Verb	Noun	Adjective	Adverb
endanger	danger	(1)	dangerously
(2)	assistance / (3)	assisted	
deepen	depth	(4)	(5)
supervise	supervision / (6)	supervising	–
(7)	competition / competitor	competitive	–
follow	(8)	following	–
free	(9)	free	(10)

(___ / 10 marks)

Copyright © National Geographic Learning.
Permission granted to photocopy for classroom use.

LIVEWORKSHEETS

Grammar

A Circle the correct words.

1 Don't get up. I am going to open / will open the door.
2 Three hours from now I won't sleep / won't be sleeping.
3 Is Paul going to go / Will Paul have gone to the tennis tournament this weekend?
4 Will she wear / Will she be wearing a red dress when I meet her?
5 I am not finishing / will not have finished my homework by eight o'clock.
6 I promise I am not going to forget / won't forget to pay you back.
7 Look at those clouds. It is going to rain / will rain soon.
8 The builders are completing / will have completed their work by Monday.
9 The waiter will be serving / will have served 100 customers by the end of the day.
10 We will be waiting / will have waited for you in front of the supermarket. (___ / 10 marks)

B Complete the sentences with the correct form of the verb in brackets.

1 You _____ (feel) better if you got more sleep.
2 If it doesn't rain, _____ (you / go) cycling this afternoon?
3 When the traffic light turns red, the cars _____ (stop).
4 If Jack _____ (not drink) so much cola, he wouldn't have problems with his teeth.
5 If I had studied more, I _____ (get) good marks last year.
6 I always take a nap if I _____ (be) tired after football training.
7 I will take an art class this summer if I _____ (have) some free time.
8 If I were you, I _____ (not stay up) late the night before a test.
9 _____ (you / buy) a new computer if you had had enough money?
10 When you get up early, _____ (you / watch) the sun come up?
11 If the weather _____ (be) warmer, we would have gone to the beach.
12 She won't cook dinner for Jim unless he _____ (do) the dishes afterwards. (___ / 12 marks)

C Complete the sentences with the correct form of these verbs.

be buy do know leave not have to not talk win

1 If only I _____ the answer, I would tell you.
2 I wish he _____ so loudly. It's really annoying.
3 I wish David _____ me a nice birthday gift.
4 If only I _____ get up early every day.
5 The children wish they _____ their homework earlier.
6 If only there _____ a skate park near here.
7 Patricia was very late for the meeting. She wishes she _____ home earlier.
8 I wish I could travel to New York for the One Direction concert. If only I _____ the lottery!

(___ / 8 marks)

Copyright © National Geographic Learning.
Permission granted to photocopy for classroom use.

LIVEWORKSHEETS

Writing

Complete the *Exam Task*.

Exam Task

Your English friend, Jake, invited you to go cycling this weekend, but you can't go.
Write a **note** to Jake. In your note, you should

- apologise to Jake
- explain why you can't go cycling
- suggest doing something else

Write 35–45 words.

(___ / 10 marks)

Copyright © National Geographic Learning.
Permission granted to photocopy for classroom use.

LIVEWORKSHEETS