Label the following essay with the suitable item.

(1) Introduction (2) Advantage 1 (3)Advantage 2 (4)Conclusion (5)Topic sentences (6)linking words (7) Writer's opinion

Hydroponics, the process of growing plants in water rather than in soil, is considered an effective way to provide people with fresh fruit and vegetables. The reason for this is that it offers a number of important benefits.

First of all, using hydroponics allows growers to supply markets with fresh produce throughout the year, not just in specific seasons. Plants are grown indoors under special light bulbs, which means that temperatures and light levels are carefully controlled. This is clearly useful in countries unable to produce crops outdoors the whole year due to weather conditions. It also reduces the amount of fresh food that needs to be imported by land or air, as a result helping to lower a nation's carbon footprint.

Another reason hydroponics is an effective method of food production is that it has low water requirements. It is a fact that when plants are grown outdoors, water is lost into the atmosphere or ground before plants can use it. In hydroponic production, on the other hand, plants are grown in containers in greenhouses, and this uses at least 70% less water per plant than conventional farming. This is because when plants are grown indoors in containers, water is reused rather than being allowed to escape.

In my opinion, hydroponics is a highly effective way to keep people regularly supplied with fruit and vegetables. It puts fresh produce on the shelves all year round and uses much less water than conventional farming.

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