

Why we need to play

Human beings are not the only creatures that like to **(0) have** fun. Many animals play, as do some birds. However, no other creatures spend so much time enjoying themselves as human beings do. Indeed, we **(1)**_____ onto our sense of fun right into adulthood.

So why do human beings spend so much time playing? One reason is that we have time for leisure; animals have very little time to play as most of their life is spent sleeping and **(2)**_____ food.

So, is play just an opportunity for us to **(3)**_____ in enjoyable activities or does it have a more important **(4)**_____? According to scientists, **(5)**_____ from being fun, play has several very real **(6)**_____ for us - it helps our physical, intellectual and social development. It also helps to **(7)**_____ us for what we have not yet experienced. With very **(8)**_____ risk, we can act out what we would do in unexpected, or even dangerous, situations.

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|-----------------|------------|---------------|-------------|
| 1. A. hold | B. keep | C. save | D. stay |
| 2. A. searching | B. looking | C. seeking | D. gaining |
| 3. A. engage | B. combine | C. contribute | D. involve |
| 4. A. motive | B. purpose | C. intention | D. cause |
| 5. A. excluding | B. except | C. apart | D. away |
| 6. A. assets | B. profits | C. services | D. benefits |
| 7. A. plan | B. prepare | C. practise | D. provide |
| 8. A. brief | B. short | C. narrow | D. little |