

Level: B1 Intermediate

Skill: Grammar



PET: Use of English

Complete the text below by choosing the most suitable word or phrase from the options provided.

Sports

Sports play an important role in (1) _____ people of all ages to lead active and healthy lifestyles. Whether it's participating in team (2) _____ such as football or basketball, or engaging in individual activities like running or swimming, there are countless ways to stay fit and (3) _____.

However, not everyone enjoys competitive sports, and many prefer to (4) _____ in more leisurely activities such as cycling or hiking. Whatever your (5) _____, finding a physical activity that you enjoy is key to maintaining a consistent exercise routine.

In addition to the physical benefits, sports also provide opportunities for social interaction and (6) _____. Joining a sports team or club can help you meet new people and develop valuable teamwork and communication skills.

Whether you're a seasoned athlete or a casual (7) _____, there's something for everyone in the world of sports. So why not (8) _____ out a new activity today and discover the joy of staying active?

- | | | | | |
|---|----------------|----------------|------------------|------------------|
| 1 | a. encourage | b. encourages | c. encouraging | d. encouraged |
| 2 | a. sport | b. sports | c. sporting | d. sportive |
| 3 | a. active | b. activity | c. activities | d. actively |
| 4 | a. take part | b. take action | c. take place | d. take turn |
| 5 | a. preferences | b. prefer | c. preferring | d. preference |
| 6 | a. friendly | b. friendships | c. friend | d. friendlier |
| 7 | a. participant | b. participate | c. participating | d. participation |
| 8 | a. trying | b. try | c. tries | d. tried |