1A Knowing me, knowing you

LESSON GOALS
- Skim an article
- Recognize the purpose of a text
- Talk about personality

READING

1 Work in pairs. Discuss the questions.

1 How do you think we can learn what kind of person someone is before we meet them?
2 When can it be useful to do this?

2 Complete the definitions of the words and phrases in bold with one of these phrases.

do it often	feel unhappy	make money
spend time	think carefully	

1 To **get to know** someone, you _____ with them and learn about them.
2 To **judge** means to _____ and form an opinion about something.
3 To be **worried** is to _____ because you keep thinking about possible problems.
4 To **tend** to do something means to _____ or be likely to do it.
5 To be **successful** means to do something well or _____ doing it.

3 Look at the Reading Skill box. Skim the article on page 13 to choose the best heading (1–6) for each paragraph (A–F).

READING SKILL
Skimming

To skim is to read a text quickly and not in detail in order to find the writer's main ideas. There are different ways you can try to do this:
- Read the title and any headings.
- Read the first and last sentence of each paragraph.
- Look for repeated ideas.

1 Are personalities in the blood? ____
2 An introduction to personality ____
3 What do footwear and family tell us? ____
4 The usual way to get to know someone ____
5 What's in a name? ____
6 Is your plane seat important? ____

4 Work in pairs. Read the article again. What does the article say about...

1 people with strong names?
2 people with type O blood?
3 being the only child in your family?
4 choosing the aisle seat on a plane?
5 slow eaters?

5 Look at the Critical Thinking Skill box. Work in pairs. Match purposes 1–5 in the box with types of writing a–e. Then discuss what you think the main purpose of the article is.

CRITICAL THINKING SKILL
Recognizing the purpose of a text

Knowing a writer's purpose—or reason for writing—can help you understand and respond to a text. These are some common purposes.
1 providing entertainment
2 giving information about a topic
3 expressing a personal opinion about a topic
4 trying to make someone do something
5 describing the good and bad aspects of something

a a blog post or social media comment ____
b a *for and against* essay or a review ____
c a good story or funny article ____
d an advertisement ____
e a news or factual article ____

SPEAKING

6 Work in groups. Do you think any of the ideas in the text can tell you about someone's personality? Why or why not?

7 What other ways can you think of for how you might learn about someone's personality? Use these ideas or your own.
- someone's clothes or the colors they like
- how someone walks
- how someone talks or laughs

EXPLORE MORE!

Find out more about opinions on the connection between personality and where we sit on a plane. Search online for "personality + sit + plane."

LIVEWORKSHEETS

What do I know about you?

A In general, we know that our personalities—all the parts of our character that make us who we are—come from two things: our DNA from our parents and the experiences we have during our lives. But what is the best way to get to know someone? Can we find out about somebody's personality before meeting them?

B Some people believe our ID cards say lot about our personalities. In some places, parents give their children strong names to help them become strong adults. Can our name change who we become? Probably not. However, in the 1980s a Belgian psychologist found that people prefer names that sound similar to their own. So maybe a name can change what we think about a person.

C In certain countries, some people think we can judge personality from somebody's blood type. For example, they believe that people with type O blood are good leaders and type Bs are friendly. There seems to be no scientific reason for this, but it's possible that people change their behavior because they know their blood type.

D A study in the *Journal of Research in Personality* suggests that just looking at somebody's shoes can tell us whether they are generally calm or worried. Other studies suggest that people with at least one brother or sister tend to be kind to others, while people with no brothers or sisters may find it hard to have good relationships.

E Some studies suggest that your choice of seat on a plane tells us something about your personality. Choosing a window seat may mean that you get angry easily. Preferring the aisle may show that you want to be free. What about eating? Research shows that people who eat slowly usually enjoy life. While quick eaters don't like waiting and want to be successful.

F These theories show that something might be true because we believe it is. But, maybe it's better to get to know someone in the usual way: not from looking at their ID card—or even their shoes—but by talking and listening to them.

LIVEWORKSHEETS