7.3 Reading and Vocabulary

Making friends

1 Is it important to make new friends? Why?/Why not?

2 7.7 Read the article quickly and match headings a–e with steps 1–5.

a ☐ Understand each other's identity
b ☐ Chat about a few different things
c ☐ Make a friendly comment
d ☐ Spend time talking or being together
e ☐ Show interest by listening

3 Read the article again and complete the sentences with 1–3 words in each gap.

1 The article tells us that there are five steps to _____ .
2 For the first step, you may share information about things you like or _____ .
3 When you've shared information, it's easier to have _____ .
4 If both friends often listen and support each other, they have reached step _____ .
5 A friend who supports your social identity acts like _____ .
6 If you and your friend are in different places, you can call or _____ .

4 7.8 Study the Vocabulary box. Find the words in the article. Check you understand them.

VOCABULARY Relations

People
best friend classmate mate stranger teammate

Phrases with *friend(s)*
be friends have a friend keep friends make friends

5 7.9 Complete the sentences with words from the Vocabulary box. Listen and check.

1 I've made friends with a few of my _____ from volleyball.
2 Sara was nervous about the new school, but it was easy to _____ .
3 When we moved here, I felt like a _____ as nobody knew me.
4 I've got lots of friends, but Ben is my _____ because he understands me.
5 Sam changed secondary school, but his new _____ are friendly.



Five steps to friendship

If you wanted a new friend, what would you do? It's not as simple as you might think. We usually find friends in the places where we live, study, work or relax. So our classmates and teammates can easily become friends, but how?

1 The first step normally happens when one person shares some information. This could be anything from a comment about a funny TV show to food that you can't stand. Or you could tell someone about your likes and dislikes, for example.

2 That's a great start. You aren't strangers, but you aren't best friends yet. Next, we need the other person to reply with similar thoughts about that TV show or another horrible food. From here, it's easier to have more conversations about other things. When two people have talked about their thoughts and opinions, they're starting to make friends.

3 The third step involves being a good friend. To take this step, you need to listen to your friend and help them. Over time, you can share problems and talk about lots of things. You know the other person is always ready to listen and support you. That's a really good friendship.

4 The fourth step is about looking for friends who support our social identity. What does that mean? If dancing or basketball is really important in your life, then you will probably want friends who see you as a good dancer or a basketball player. That's why we choose friends who are like a mirror. They show us a picture of how we want to be.

5 Finally, remember to stay in touch with your friends. A good way to do this is to make time to see your friends or to phone them and send messages when you're not in the same place. It's important to remember that friendship needs work!

YOUR WORLD

6 Work in pairs. What else is important for making and keeping friends?

LIVEWORKSHEETS