

3



VOCABULARY

Verbs to describe routines

I can talk about daily routines.

1 ● Complete the time phrases with *in* or *at*.

- | | |
|-------------------------|----------------|
| 1 <i>in</i> the morning | 4 _____ night |
| 2 _____ the afternoon | 5 _____ 8 p.m. |
| 3 _____ the evening | |

2 ● Look at the pictures and complete the phrases.



1 exercise



2 r_____



3 g_____ u_____



4 w_____ u_____



5 g_____ h_____



6 s_____



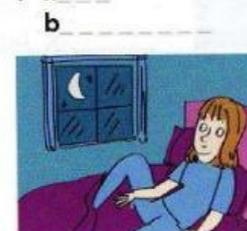
7 h_____



8 w_____



9 h_____ a s_____



b_____



11 g_____ t_____ s_____



12 h_____ d_____

3 ● Complete the sentences with phrases from Exercise 2.

- Every morning I *wake up* at 7.30.
- I _____ at 7.35.
- I _____ at 7.45. Then I get dressed and go downstairs.
- I _____ with my parents at 8.00. Maybe toast or an egg.
- I _____ by bus at 8.30. My lessons start at 9.00.
- My parents _____ at my school – they're teachers!
- Lessons finish at 4.00. I _____ by bus at 4.30.
- I _____ at home before dinner. I read a book or watch TV.
- I sometimes _____ at the gym after school.
- I _____ with my family at 6.30.
- I _____ after dinner. We have lots of homework.
- By 9.30 I'm very tired and I _____.

Every day

VOCABULARY

Verbs to describe routines
Verb collocations

GRAMMAR

Present Simple (affirmative and negative) | Present Simple (questions and short answers)

READING

Free time activities | Life at a language school in England

LISTENING

Feelings

SPEAKING

Likes and dislikes

WRITING

Daily routine

BBC CULTURE

Do child actors go to school every day?

EXAM TIME 1 > p. 114

- 4 ● Look at the table. Complete the sentences below with *sometimes*, *often* or *never*.

	toast	eggs and bacon	cereal
Monday	X	X	✓
Tuesday	X	X	✓
Wednesday	X	X	✓
Thursday	X	X	✓
Friday	X	X	✓
Saturday	X	✓	X
Sunday	X	✓	X

- 1 I _____ have toast for breakfast.
 2 I _____ have eggs and bacon for breakfast.
 3 I _____ have cereal for breakfast.

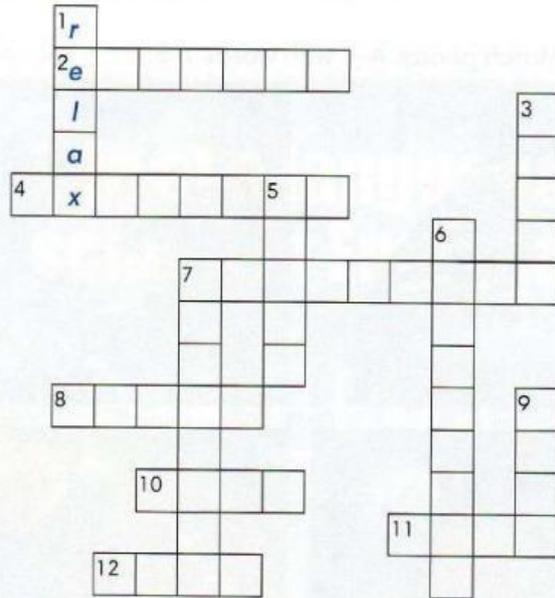
- 5 ● **WORD FRIENDS** Match verbs 1–5 with words/phrases a–e.

- 1 go a friends
 2 meet/text b karate
 3 check c homework/housework
 4 do d to the cinema
 5 do e my emails

- 6 ●● Complete the sentences with word friends from Exercise 5.

- 1 I like films. I often *go to the cinema* with my friends.
 2 My friends write a lot of emails. I _____ after every lesson.
 3 I exercise a lot. I often _____ after school.
 4 After school I sometimes _____ in the park.
 5 After dinner I _____ in my room.

- 7 ●● Complete the crossword.



Across

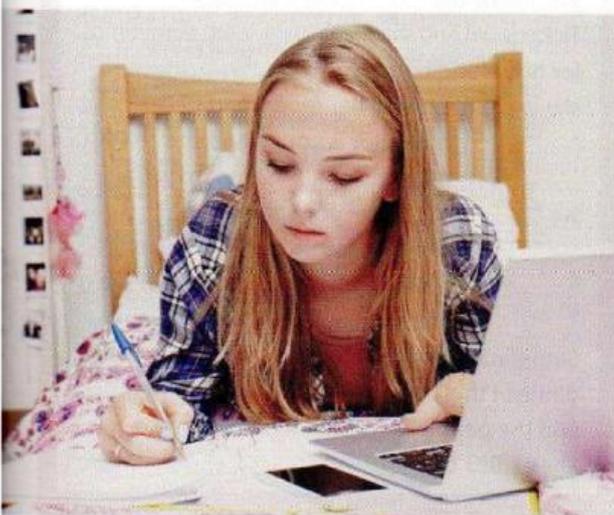
- 2 Not in the morning – in the _____.
 4 You can do this at the gym.
 7 Help your mum with this.
 8 Not sometimes but _____.
 10 Do this exercise to relax.
 11 I _____ my friends on my phone.
 12 I've got an alarm clock to help me _____ up.

Down

- 1 It's important to _____ before you go to bed, e.g. read a book.
 3 I _____ my emails every hour.
 5 I _____ a lot. I want to go to university.
 6 Not often but _____.
 7 Our teacher gives us a lot of _____.
 9 I often _____ my friends to go shopping.

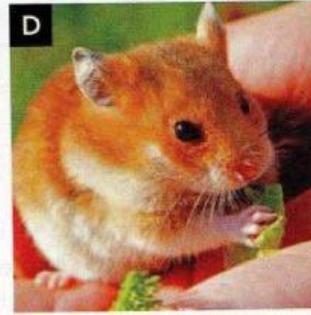
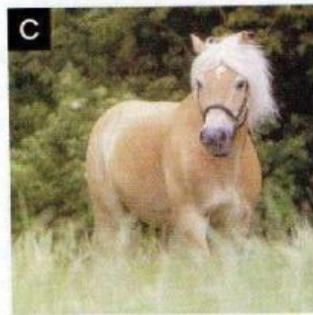
- 8 ●●● Complete the text with one word in each gap.

I'm Jenny Middleton. I'm a teacher. I ¹ *wake* up at 7.30 and I ² _____ up five minutes later. I ³ _____ a shower and then I ⁴ _____ breakfast with my family. I ⁵ _____ to work by car at 8.30. Lessons start at 9.15. I ⁶ _____ lunch with the other teachers at 12.30. I ⁷ _____ home at 4.30. I sometimes ⁸ _____ after school at the gym – it's good for me! I have dinner with my husband and children at 6.30. I sometimes ⁹ _____ some housework after dinner and then I ¹⁰ _____ watch TV or read a book. I read my students' homework and ¹¹ _____ my emails before bed. I ¹² _____ go to bed before 12.00 – I'm a night owl!



I can use the Present Simple to talk about habits.

- 1 ● Match photos A-E with words 1-5.



- 1 D hamster 3 tortoise 5 guinea pig
2 pony 4 budgie

- 2 ● Look at the endings of the verbs below. Which verbs have the same sound? Write them in the correct category.

checks cries does exercises finishes gets
goes has makes meets relaxes studies

- 1 /ɪz/: misses, _____, _____, _____
2 /z/: stays, _____, _____, _____, _____, _____
3 /s/: sleeps, *checks*, _____, _____, _____

- 3 ● Complete the sentences with the Present Simple form of the verbs in brackets.

- I *have* (have) breakfast at 8.30.
- We _____ (go) shopping at the weekend.
- My brother _____ (spend) a lot of time on his computer in the evening.
- Eva _____ (go) to the cinema every Saturday.
- You _____ (get) good marks in English!
- The teachers _____ (give) us lots of homework on Fridays.
- My cousin _____ (have) a big lunch every day.

- 4 ● Make the sentences in Exercise 3 negative.

1 *I don't have breakfast at 8.30.*

- 2 _____
3 _____
4 _____
5 _____
6 _____
7 _____

- 5 ● Make sentences in the Present Simple.

1 I / like / pop music

I like pop music.

2 we / not have / English / on Mondays

3 my sister / not help / my mum / with the housework

4 our cat / not sleep / a lot

5 Mike / often / watch / TV / in the evening

6 you / never / eat / crisps

7 my friends / go / to yoga / on Thursdays

- 6 ● Complete the blog with the Present Simple form of the verbs below.

give go (x2) have (x2) like meet
not eat not finish not see sleep visit

myblog

My pets, Tickle and Maxi

We ¹ *have* two cats, Tickle and Maxi. Tickle is old and she ² _____ a lot, sometimes for hours and hours! She ³ _____ much - she leaves nearly all her food - and never ⁴ _____ out. Maxi is young and she ⁵ _____ out every night. Sometimes we ⁶ _____ her all day. I think she ⁷ _____ her friends in the garden! She ⁸ _____ dinner every evening at 5.30. She ⁹ _____ fish and cat biscuits very much. Sometimes she starts but ¹⁰ _____ her dinner. I think she ¹¹ _____ different houses and the people ¹² _____ her food too! She's a BIG cat!



I can find specific detail in an article and talk about free time activities.

1 WORD FRIENDS Choose the correct option.

- 1 I always listen **(to)** / for music in the car.
- 2 I sometimes **write** / chat with my friend in Australia online.
- 3 My dad usually browses **the internet** / the TV when he gets home from work.
- 4 My sister and I **do** / play cards a lot when we're on holiday.
- 5 We always **watch** / look sport on TV at the weekend.

2 Read the text. Match paragraphs 1-3 with headings a-d. There is one extra heading.

- a Free time with friends
- b Lesson time
- c Home time
- d Holiday time

3 Read the text again. Mark the sentences T (true) or F (false).

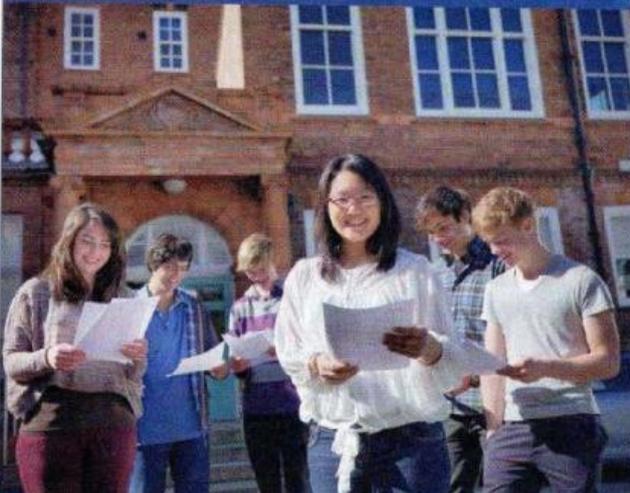
- 1 Nari sometimes speaks Korean to her English family.
- 2 Nari goes to school two days a week.
- 3 All students at the language school are Korean.
- 4 Nari only has lessons in the morning.
- 5 In class, Nari studies grammar.
- 6 The lessons are fun.
- 7 Nari does sports in the afternoons.
- 8 Nari meets other students at the weekends.

4 Find words in the text that have these meanings.

- 1 You have this at night: **dream**
- 2 This is a journey where you go and come back in a short time: **trip**
- 3 You find the meaning of words in this: **dictionary**
- 4 This person tells you the meaning of something in another language: **teacher**
- 5 You get this when you pass a test or finish a course: **certificate**
- 6 This tells you about the ideas and the way of life in a country: **culture**

myblog

Life at a language school in England



I'm Nari. I'm Korean, but English is an important language for me. I want to be a translator and I'm in England for six months at a language school. It's fantastic! I'm in a lovely town by the sea and I have a room with a very nice family. They speak English to me all the time. It's hard but very good for me. When I have breakfast, we speak English. When I watch TV, we speak English. I think I speak English in my dreams!

Every day I go to a language school and study English with students from different countries. We never speak our own language – only English. We have five lessons every day, from 9.30 to 4.30. We study difficult things like grammar but the teachers are cool and sometimes we sing English songs and play games in class. There's a lot of talking too. It isn't only books, books and books! But my dictionary is very useful! At the end of the course we get a certificate.

After lessons we often do sports or watch films at school, and at the weekends I sometimes go on trips to interesting places with other students. I love this school. I have friends here from all over the world and learn about their cultures too. My best friend here is from Spain. It's a great life!

I can use the Present Simple to ask about routines.

1 Complete the words in the dialogue.

A: Hey, ¹m__e! I've got a new guitar! Come and see.

B: ²A__m_! I want one like that too!

OUT of class

2 Make questions in the Present Simple.

1 you / live / in London / ?

Do you live in London?

2 Pete / like / pop music / ?

3 we / have / a History test / every week / ?

4 Jo and Lee / go / to the cinema / on Saturday / ?

5 Jenny / always / watch / TV / in the evening / ?

6 you / understand / German / ?

3 Write short answers for the questions in Exercise 2.

1 ✓ *Yes, I do.*

2 X _____

3 X _____

4 ✓ _____

5 ✓ _____

6 X _____

4 Write questions for the answers. Use question words (*where, what, when, how, etc.*).

1 A: *What time do you go to school?*

B: I go to school at 8.30.

2 A: _____

B: I watch music programmes and films.

3 A: _____

B: I travel to town by bus.

4 A: _____

B: She goes swimming at the leisure centre.

5 A: _____

B: My mum and dad get up at 7.15.

6 A: _____

B: In my free time I do lots of sports.

7 A: _____

B: My brother works in Manchester.

5 Find and correct the mistakes in the sentences. One sentence is correct.

1 Do James like celery?

Does James like celery?

2 Where does Mike plays football?

3 Does you have lunch at school?

4 A: Do you have any Spanish friends?

B: No, I doesn't.

5 How do you usually cook eggs?

6 What time do we finishes school on Monday?

6 Complete the dialogue with the words below.

do (x2) does don't I no speak want when where yes

A: Hi! You're a new student, aren't you? I'm Jenny. I'm in your class. Do you ¹want to ask me any questions?

B: Oh hi! Thanks, I've got lots! First, ²_____ do lessons stop for lunch?

A: Good question! We finish for lunch at 12.15 and start again at 1.00.

B: OK. ³_____ we have Maths lessons every day?

A: No, we ⁴_____. Only on Mondays, Wednesdays and Fridays.

B: That's good! ⁵_____ do we do sports?

A: We do exercises in the gym and play team sports on the field.

B: And what about the teacher, Miss Masters? ⁶_____ she give a lot of homework?

A: ⁷_____, she does! Loads!

B: Oh, dear! Thank you. By the way, I'm Emilio.

A: That's an Italian name. Are you Italian?

B: My dad's Italian and my mum's English. Do you ⁸_____ Italian?

A: ⁹_____, I don't. But I can understand a little.

B: ¹⁰_____ you want to learn? I can teach you some.

A: Yes ¹¹_____ do, Emilio. Thanks!

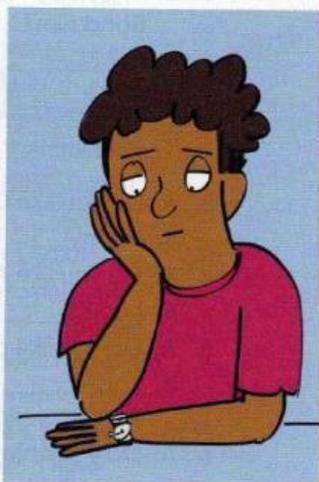
I can identify specific detail in a radio programme and talk about feelings.

1 Match the adjectives below with the pictures.

bored excited happy sad tired worried



1 happy



2 _____



3 _____



4 _____



5 _____



6 _____

2 Match 1-6 with a-f to make sentences.

- 1 c I feel excited
 2 feel bored
 3 I feel sad
 4 I feel tired
 5 feel worried
 6 I feel relaxed

- a when I've got a lot of homework and I haven't got much time.
 b when my friends move away and I don't see them often.
 c when it's nearly the holidays and I plan lots of things with my friends.
 d when all my friends are busy and there aren't any good programmes on TV.
 e when I haven't got any homework and I can sit down to read a good book and listen to music.
 f when I go to bed too late and get up early for school.

3 10 Listen to a radio interview and choose the correct answer

- 1 A *Happy Life* is
 a a radio programme.
 b a theatre play.
 c a book.
 2 The interviewer is with
 a two actors.
 b three actors.
 c four actors.
 3 The interview is about
 a what actors do before a play.
 b how actors feel after a play.
 c how actors learn words for a play.

4 10 Listen again. Match the speakers (1-4) with what they do before a play (a-f). There are two extra activities.

- 1 Liam
 2 Debbie
 3 Mark
 4 Anna
 a read a book
 b walk a lot
 c practise words
 d eat sandwiches
 e sleep
 f listen to music

I can talk about likes and dislikes.

1 Replace two words in the sentences with *guy* and *a bit*.

OUT of class

1 I like learning Japanese. It's quite difficult but it's interesting.

2 Do you know the man over there? He wants to talk to us.

2 Order the words to make sentences and questions about likes and dislikes.

1 favourite / it's / my / !

It's my favourite!

2 think / do / Sam Smith / of / you / what / ?

3 you / Coldplay / like / do / ?

4 sad / love / films / watching / I

5 kind / like / books / you / what / do / of / ?

6 like / I / chocolate / really

7 a / like / lot / football / I

8 like / I / tennis / quite

9 mind / school / cycling / don't / to / I

10 don't / Adele / like / I

11 enjoy / I / Maths / don't

12 can't / onions / stand / I

13 like lemonade / I / but / prefer cola / I

3 Write the numbers of the sentences from Exercise 2 in the correct category.

1 😊 I, _____

2 😐 _____

3 😞 _____

4 ? _____

4 Complete the dialogues with one word in each gap.

1 A: What do you *think* of the new James Bond film?

B: I _____ like it. It's fantastic!

2 A: What _____ of books do you enjoy?

B: I _____ like funny books but I _____ exciting ones.

3 A: Do you like Chinese food?

B: It's my _____!

4 A: Do you like Adele's new song?

B: I can't _____ it!

5 A: Do you like playing tennis?

B: I don't _____ it but I prefer playing volleyball.

6 A: Do you enjoy learning French?

B: Yes, I like it a _____.

5 Find and correct the mistakes in the sentences. One sentence is correct.

1 I like James Bond quite.

I quite like James Bond.

2 What do you think for the new French restaurant?

3 I can't stand getting up early.

4 I quite like go to the cinema.

5 A: Do you like chicken?

B: I love him.

6 Choose the correct response.

1 What do you think of the new TV series?

a No, I can't stand TV.

b I quite like it.

c I like watching TV a lot.

2 What kind of music do you like?

a I don't mind it.

b I quite like it but I prefer hip-hop.

c I like hip hop a lot.

3 Do you enjoy dancing?

a I prefer dancing.

b I really like singing.

c I hate it.

4 Do you like opera?

a I love them!

b I can't stand it.

c I quite like.



3.7

WRITING

Describing daily routine

I can write about daily routine.

1 Complete the blog with the words below.

after (x2) at because (x2) do
don't finish it lot so then (x2)

My day

I'm a swimmer. I love ¹it! A swimmer needs to do a ²_____ of practice and my days are very busy, ³_____ every morning I get up at 5.00 – yes, 5.00! I ⁴_____ have a big breakfast but I drink a cup of tea. ⁵_____ my dad takes me to the swimming pool. I get there ⁶_____ 5.30 exactly. I train for two and a half hours. Then I have a shower and dad takes me home again. I have a big breakfast with the family at 8.30. ⁷_____ that I cycle to school. Lessons ⁸_____ at 4.30. ⁹_____ I go swimming again for an hour and a half, from 4.45 to 6.15. ¹⁰_____ swimming I go home and have dinner. I ¹¹_____ my homework in my room and then, at about 8.00, I watch some TV or play some computer games. I go to bed early, at 9.00, ¹²_____ I'm tired and it's 5.00 again the next morning! I swim a lot ¹³_____ I want to be a famous swimmer!



2 Read the blog again. Complete the table.

Time	Activity
5.00	¹ get up
²	arrive at swimming pool
³	finish training
8.30	⁴
4.30	⁵
4.45	⁶
⁷	finish swimming
8.00	⁸
9.00	⁹

3 Add the words in brackets to the sentences. Sometimes you need to join the sentences. Sometimes you need to change the order of the sentences.

- I get up. I have a shower.
 - (then) *I get up. Then I have a shower.*
 - (after that) *I get up. After that I have a shower.*
 - (after) *After I get up, I have a shower.*
- We have Maths. We have English.
 - (then) _____
 - (after that) _____
 - (after) _____
- I have dinner. I play on my computer.
 - (then) _____
 - (after that) _____
 - (after) _____
- I want to pass my exams. I work hard.
 - (so) *I want to pass my exams, so I work hard.*
 - (because) *I work hard because I want to pass my exams.*
- I help my friend with her English homework. She isn't very good at English.
 - (so) _____
 - (because) _____
- I live near my school. I walk to school in the morning.
 - (so) _____
 - (because) _____

4 Think of someone you know who has a different daily routine from you. Copy the table from Exercise 2 and complete it with information about him/her.

5 Write about the person's daily routine. Remember to do these things.

- Use your table from Exercise 4.
- Order the activities with *then*, *after that* and *after*.
- Give reasons with *so* and *because*.