

present perfect simple and continuous

3 A Choose the correct word or phrase to complete the sentences.

- 1 I've called / been calling / 'm calling the doctor's all morning, but no one's answering.
- 2 Have you had / having / been having your hair cut? It's looks great!
- 3 Felix has been / had / been having lessons recently and is making great progress so far.
- 4 How many times have you visited / been visiting / been Canada?
- 5 I've studied / study / been studying Japanese for just over a year now.
- 6 She's raised / been raising / raising €1,000 for charity.

C **1.03** | Listen to the speaker's final advice again and write what you hear. You will hear the sentence only once.

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5 A **1.02** | Listen to an interview about identity. Put the topics in the order they are discussed.

- a Other factors that influence our identity
- b How to find yourself
- c The elements that form our identity
- d How we develop our sense of self
- e The importance of self-identity

B **1.02** | Listen to the interview again. Complete the sentences with no more than three words from the recording.

- 1 Identity is a combination of your _____, your likes and dislikes, your moral code and what motivates you.
- 2 Without a clear sense of self, it can be difficult to _____.
- 3 Parents provide _____ for how their children should behave.
- 4 Your identity isn't _____ – it develops over the course of your life.
- 5 Our relationships and experiences _____ our sense of self.