2 Work and play

Adverbs of frequency (PB p19)

always usually often sometimes never

I / You / We / They	usually	do homework on Thursday.
He / She	sometimes	gets up early.

Do	I / you / we / they	ever	catch the bus?	Yes, I always catch the bus.
				No, I never catch the bus.
Does	he / she		get up late?	Yes, he often gets up late.
				No, he never gets up late.

REMEMBER

We use adverbs of frequency to talk about how often we do something.
We put them before most verbs.

1 **Complete Angela's answer. Use the adverbs of frequency and the verbs.**

✗ = never ✓ = sometimes ✓✓ = often ✓✓✓ = usually ✓✓✓✓ = always

Radio presenter: Angela Jackson is with us today – the famous singer! Hello, Angela. Tell us about your routine. What do you do every day?

Angela: Well, I 1 always get up (✓✓✓✓ get up) early and the first thing I do is call my manager. We 2 _____ (✓✓✓ talk) for 30 minutes about my concerts. After our call, I have breakfast and then I 3 _____ (✓✓ go) for a run. I have a shower and after that, I 4 _____ (✓ write) a new song on the piano. I 5 _____ (✓✓✓✓ check) my email and my social media in the evening. I 6 _____ (✓✓✓ have) lots of messages from my fans. I 7 _____ (✗ go) to bed late because I 8 _____ (✓✓✓✓ feel) tired after dinner.

LIVEWORKSHEETS

2 **Order and write the sentences.**

1 sometimes / the / morning. / Helen / TV / in / watches

Helen sometimes watches TV in the morning.

2 get up / never / Monday. / My parents / late / on

_____

3 catches / My / o'clock. / the train / dad / at / often / eight

_____

4 I / out / home. / help / at / usually

_____

5 makes / Sandra / for school. / always / a snack

_____

6 go / We / sometimes / science class. / online / in

_____

3 **Write questions. Use adverbs of frequency to write true answers.**

1 (you / ever do homework on Friday) Do you ever do homework on Friday?

No, I never do homework on Friday.

2 (your mum / ever eat sandwiches) _____

_____

3 (your teachers / ever tell jokes) _____

_____

4 (your grandparents / ever dance) _____

_____

5 (your family / ever go to a restaurant) _____

_____

6 (you and your friends / ever read comics) _____

_____

LIVEWORKSHEETS

How often ...? questions (PB p22)

How often	do	I / you / we / they	eat ice cream?
	does	he / she	go online?

I / You / We / They	eat ice cream	once	a month.
He / She	eats ice cream	every	week.
		on	Thursday.

REMEMBER

We use *once/twice/ three times a day/ week/month* to say how often people do things.

once = one time

twice = two times

1 Complete the conversation.

a week day every ~~How often do~~ How often do
How often does on Once a times a

Eva: Wow! Those are a lot of dishes! 1 How often do you wash the dishes?

Jim: Not very often ... Maybe twice 2 _____.

I haven't got time. I come home late 3 _____ day.

Eva: I clean the kitchen with my brother three 4 _____ week. It's not my favourite chore!

Jim: What other chores do you and your brother do?

Eva: My brother tidies his bedroom and he sometimes cooks dinner.

Jim: 5 _____ he tidy his bedroom?

Eva: 6 _____ week. He usually tidies it 7 _____ Saturday.

Jim: What about you? Do you help out at home a lot?

Eva: I wake up early and I take our dog for a walk on the beach.

Jim: That's a nice chore! 8 _____ you do that?

Eva: Every 9 _____! Our dog loves our walks.

LIVEWORKSHEETS

2 Write questions and answers.

1 How often do you eat ice cream? (you / eat ice cream)
We eat ice cream once a month. (once a month)

2 _____ (she / go to dance class)
_____ (on Tuesday and Thursday)

3 _____ (you / play on the tablet)
_____ (four times a week)

4 _____ (Tim / visit his cousins)
_____ (every weekend)

5 _____ (you / go to a museum)
_____ (twice a year)

6 _____ (Mr Jones / go on a trip)
_____ (every month)

3 **Read the questions. Then write answers about you.**

Tell us about your free time! How often do you go to the cinema or to a restaurant? How often do you do sports and what's your favourite sport? Do you watch TV and play on the tablet every day? How often do you hang out with your friends and where?

In my free time, I like _____

LIVEWORKSHEETS