



UNIT 5: FOOD AND HEALTH



PRACTICE

XII. Complete the sentences with **a, an or the**.

1. Do you like _____ pasta in that restaurant?
2. I always have _____ sandwich for my lunch.
3. Do you like _____ food at your school? - Yes, I do.
4. I've got _____ apple and some crisps. _____ apple is nice and red.
5. He sometime buys _____ pizza at the weekend.
6. It's hot today. Would you like _____ ice cream?
7. Where's _____ school canteen? - It's over there.
8. I've got two sandwiches for us. Do you want the cheese sandwich or _____ meat sandwich?
9. She often has _____ fizzy drink in the park.
10. He's eating _____ burger and chips for lunch, and _____ burger is very hot.

XIII. Circle the correct words.

1. I have got **some** / **any** questions to answer now.
2. Have we got **some** / **any** rice?
3. There isn't **some** / **any** salt in this soup.
4. Put **many** / **some** salt in this soup, please.
5. Let's listen to **some** / **any** music.
6. Are there **some** / **any** apples on the table?
7. There are **a lot of** / **much** photos in the magazine.
8. He is going to buy **some** / **any** jeans.
9. I haven't got **some** / **any** onions for this food.
10. There are **much** / **many** students on the ground after school.

XIV. Complete the sentences with **a, an, some, any**.

1. Tom has _____ books for his favorite subject Math.
2. there aren't _____ good singers in the band.
3. I'm reading _____ interesting book at the moment.
4. We want _____ cheese for the pasta.
5. We haven't got _____ homework this weekend.
6. Have they got _____ new car?
7. Have you seen _____ films by Steven Spielberg?
8. There isn't _____ meat in the fridge.
9. I have _____ apple after every lunch.
10. Tom want a cheeseburger, but he hasn't got _____ money.

XV. Complete the sentences with the verbs + -ing of the verbs given below.

drink	play	have	eat	help
make	take	watch	speak	

1. John loves _____ pizzas.

2. They prefer _____ the Olympics on TV.
3. I and Hoa like _____ English in class
4. We really like _____ smoothies for our desserts every day.
5. Vegetarians hates _____ onions in their food.
6. I don't mind _____ my mum make dinner, but I hate _____ the garbage out.
7. Do you like _____ fizzy drinks during your meals?
8. Peter likes _____ the guitar.

XVI. Choose the correct word.

1. You **should** / **shouldn't** eat in class.
2. You **should** / **shouldn't** keep your room tidy.
3. You **should** / **shouldn't** leave food on the tables in class.
4. You **should** / **shouldn't** say bad words to your friends.
5. You **should** / **shouldn't** clean the kitchen table after cooking.
6. You **should** / **shouldn't** eat wild mushrooms.
7. You **should** / **shouldn't** write on the walls or on the desk.
8. You **should** / **shouldn't** do your homework before going to school.
9. You **should** / **shouldn't** drink enough water every day.
10. You **should** / **shouldn't** drink a lot of fizzy drinks.

XVII. Complete the sentences with the words given below.

active	healthy	tired	unfit	ill
hungry	thirsty	well	fit	unhealthy

1. Some people are very poor, and they have a(n) _____ diet.
2. The doctor says he is fat and _____.
3. "I'm _____. Can I have a glass of water, please?"
4. My brother keeps _____ by running five kilometres a day.
5. When I get _____, I have some vegetable for snacks.
6. A good diet keeps you _____
7. Students at my school are very _____ in sports.
8. He was cold, _____ and hungry.
9. Have a lot of sleep, and you get _____ soon.
10. Lan can't come to class today because she is _____.

XVIII. Use the correct form of the words given in parentheses.

1. _____ visitors can eat 50 bowls of noodles. (energy)
2. The balanced diet plays an _____ role in our health. (importance)
3. You should try to be more _____. (act)
4. What is the _____ between Pho and Bun rieu? (different)
5. Pho is the most _____ food in Vietnam. (unpopular)
6. I'm a meat eater, but my sister is a _____. (vegetable)
7. The hamburger in the _____ fast food meal is corn fed. (type)
8. You shouldn't eat _____ food. (health)
9. I want to talk about building healthy habits into your _____. (style)
10. Many people on a diet drink a lot of water in order to help them lose _____. (weigh)