

**2 Complete the health phrases with the words in the box.**

|                         |        |     |         |               |
|-------------------------|--------|-----|---------|---------------|
| a race                  | a rest | fit | healthy | some exercise |
| some exercises in a gym | well   |     |         |               |

- |               |               |
|---------------|---------------|
| 1 enter / do  | <u>a race</u> |
| 2 get / do    | _____         |
| 3 feel / stay | _____         |
| 4 have / take | _____         |
| 5 do / try    | _____         |
| 6 eat / sleep | _____         |
| 7 get / keep  | _____         |

**5**

**3 Underline and correct the mistake in each sentence. Use the words in the box. There is one extra word.**

|               |    |       |      |      |      |       |      |
|---------------|----|-------|------|------|------|-------|------|
| <del>do</del> | do | enter | have | make | keep | sleep | stay |
|---------------|----|-------|------|------|------|-------|------|

- |                                           |           |
|-------------------------------------------|-----------|
| 1 I need to <u>stay</u> some exercise.    | <u>do</u> |
| 2 What do you do to sleep fit?            | _____     |
| 3 I want to have some exercises in a gym. | _____     |
| 4 I hurt my leg, so I didn't go the race. | _____     |
| 5 Did you stay well last night?           | _____     |
| 6 It's important to make healthy.         | _____     |
| 7 I'd like to go a rest, but I can't.     | _____     |

**4** Put the words in the correct order to make sentences.

1 you / did / your / hurt / arm?

Did you hurt your arm?

2 didn't / I / sleep / last / well / night.

3 He / wants / to / fit. / get

4 It's / eat / important / well. / to

5 I'm / rest. / I / tired; / a / need / to / have

6 stay / do / How / healthy? / you

7 She / went / her leg / to hospital. / hurt / and

8 you / Have / stomach / a / got / ache?

9 feel / healthy. / very / don't / I

10 exercise. / some / get / You / should