



1

DAILY ACTIVITIES

Question: Can you tell a classmate about your daily activities?



- Complete the 15 sentences with the words on the left.



- My alarm clock always wakes me up at six o'clock every morning.
- I wake up at six, but I _____ at six-thirty.
- Then, I go to the bathroom to get washed and _____. Healthy teeth are important!
- After that, I _____. I like to wear a tie.
- Then, I usually have a big _____. I like to have some coffee, toast, and fruit.
- I always _____ to my office.
- At noon, I have _____ with my co-workers. We eat at a restaurant near our company.
- In the _____ I take a bus to go back home. I get back home at about five o'clock.
- After I get home, I often _____. I like to go jogging. Sometimes I do sit-ups.
- After that, I _____ so that I can feel clean and fresh.
- Then, I often help my wife _____. For example, I sweep the floor and throw away the garbage.
- I like to help my kids _____ their _____. Sometimes my son needs help with his math.
- I have _____ with my family in the dining room.
- In the evening, we _____ and watch TV.
- I _____ between ten and ten-thirty.

- A** afternoon *n.*
alarm clock *n.*
- B** breakfast *n.*
brush my teeth *v.*
- D** dinner *n.*
do exercise *v.*
do homework *v.*
do housework *v.*
- G** get dressed *v.*
get up *v.*
go to bed *v.*
- L** lunch *n.*
- R** relax *v.*
- T** take a bus *v.*
take a shower *v.*

2. Word Order

- always** / the / Sunday / make / on / they / breakfast
- friends / plays / the / with / she / her / in / **often** / park
- bed / makes / he / his / **never**
- sometimes** / on / play / we / Sunday / cards
- Hardly ever** / the / watch / they / TV / afternoon / in

6. o'clock / **always** / up / I / at / get / seven
7. have / lunch / fish / **seldom** / for / we
8. **rarely** / bus / work / by / to / go / they
9. reads / sister / the / my / newspaper / **often**
10. weekends / **usually** / boys / football / the / at / play

3. Complete the sentences using the present simple affirmative, negative or interrogative:

1. I(be) in a café now.
2.(she / play) tennis every week?
3. They(go) to the cinema every Wednesday.
4.(she / be) a singer?
5. You(find) the weather here cold.
6. (they / be) on the bus?
7. Lucy (ride) her bicycle to work.
8. Why(he / be) in France?
9. I(not / play) the piano often.
10. It(not / be) cold today.
11. We (be) from Portugal.
12.(we / make) too much noise at night?
13. Where(Harry / study)?
14. (it / be) foggy today?
15. We (not / be) late.
16. They (not / like) animals.
17. Where(you / be)?
18. He(not / be) an accountant.
19.(the dog / eat) chicken?
20. She (be) my sister.

4. Complete the questions to match these answers.

- 0 I live in London.
Where do you live?
- 1 I get up at 7 o'clock.
What time _____?
- 2 I watch TV in the morning and in the evening.
When _____?
- 3 My best friend Paolo comes from Italy.
Where _____?
- 4 No, my sister doesn't go to school by bus.
Does _____?
- 5 I have a party every six months.
When _____?
- 6 No, I can't stand doing housework.
Do _____?
- 7 I practise the guitar for three hours a day.
How often _____?

LISTENING



1 06 Listen to a radio programme. Match speakers 1–5 with activities a–h. There are three extra activities.

- 1 __ Maggie
2 __ Hilary
3 __ Findlay
4 __ Iliana
5 __ Simon
- a *go for a walk*
b *go to the cinema*
c *play sport*
d *listen to music*
e *chat with friends online*
f *play video games*
g *play with the dog*
h *spend time with family*



2 06 Listen again and complete the sentences.

- 1 If you've got the Sunday Blues, you are _____ on Sunday.
- 2 When I message my friends on social media, I feel happy and _____.
- 3 When I play video games, I feel very _____.

4 When I feel _____ on Sunday, I see my friends.

5 We all _____ watching TV on Sunday evening.

DICTATION



3 07 Listen. Then listen again and write what you hear during each pause.
