

HAND WASHING



Rub hands together
palm to palm,
spreading the hand
over the hands

01



Rub back of each
hand with palm of
other hand with
fingers interlaced

02



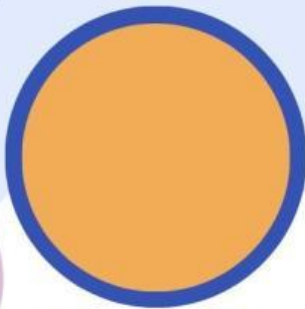
Rub palm to palm
with fingers
interlaced

03



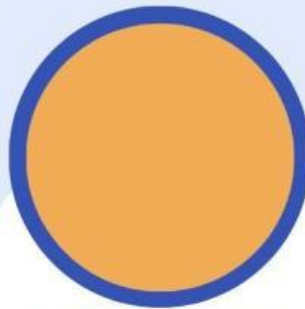
Rub back of fingers
to opposing
palms with
fingers interlocked

04



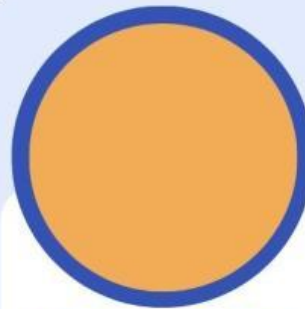
Rub each thumb
clasped in opposite
hand using a
rotational movement

05



Rub tips of fingers
in opposite palm in
a circular motion

06



Rub each wrist with
opposite hand

07