

What changes should be done to include the country in the list of the happiest countries in the world?

- a. in fact
- b. as a matter of fact
- c. Obviously
- d. amazingly
- e. oddly enough,
- f. fortunately
- g. Something that gets me is..





"If you want happiness for an hour — take a nap. If you want happiness for a day — go fishing. If you want happiness for a month — get married. If you want happiness for a year — inherit a fortune. If you want happiness for a lifetime — help someone else."

Chinese Proverb



HAPPINESS

Happiness Vocabulary

- 1. money can't buy happiness (idiom) - used to say wealth or material possessions will not give a person happiness.*
- 2. (to be) down in the dumps (idiom) - depressed or unhappy.*
- 3. to let one's hair down (idiom) - to have fun or act in an unreserved way.*
- 4. happy-go-lucky (adjective) - carefree, cheerful, and unconcerned about the future.*
- 5. (in a) good mood / bad mood (nouns) - mood is the current state of mind or emotional state.*
- 6. (to be) over the moon / on cloud nine / in seventh heaven (idioms) - to be very happy.*

1. I was _____ when my wife told me she was pregnant.
2. I had such a _____ attitude when I was your age. I didn't have a care in the world.
3. He's _____ because his football team lost. Again.
4. For the first time in months, Carla was able to _____ and go out dancing with her friends.
5. He was the richest man in the town, yet he never found a woman who loved him. Well you know what they say: _____.
6. She's been feeling _____ since her boyfriend left her.

Choose the best option

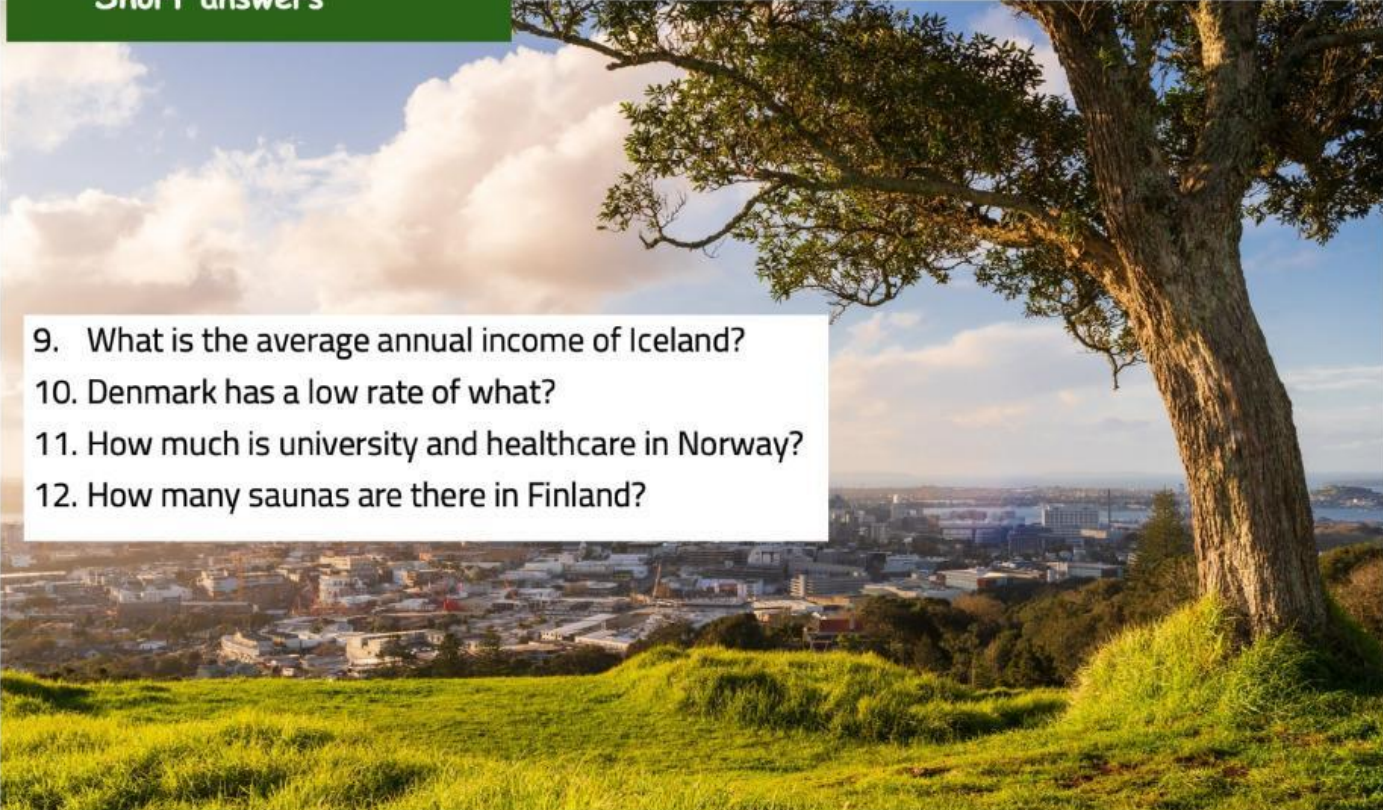
1. Which international organisation produces the World Happiness Report?
a) The European Union b) The League of Nations c) The United Nations
2. Which of the following was not mentioned as a criteria for the report?
a) liberty b) wealth c) crime
3. How would you describe Australia's population density?
a) high b) low c) very high
4. What was not mentioned as to why Sweden is a tourist's dream location?
a) freedom b) lively cities c) beautiful landscapes

Complete the sentence

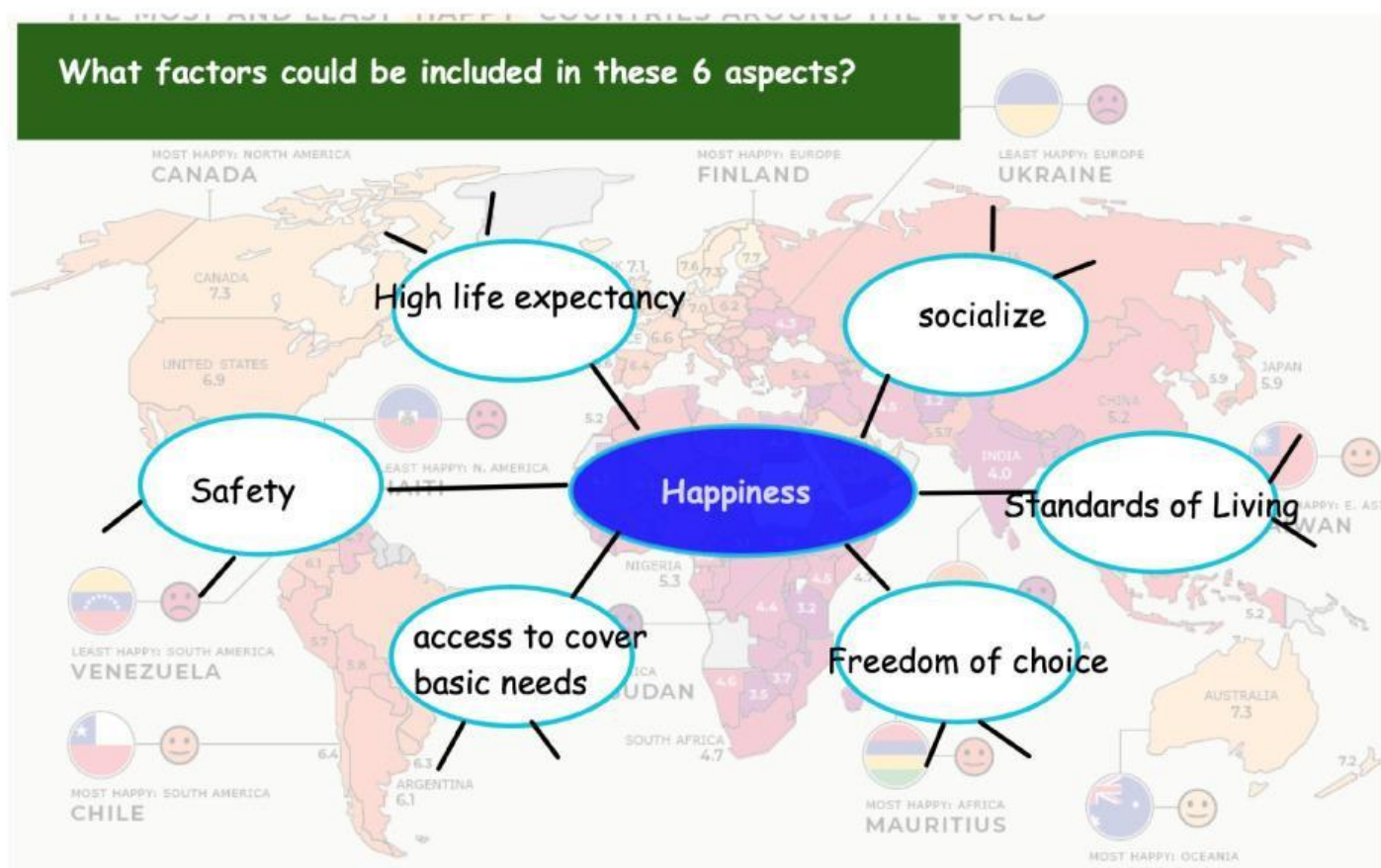
5. One of the best things about New Zealand is that it is _____, allowing it to escape problems like overcrowding and pollution.
6. In Canada, the average income is _____.
7. The Netherlands has one of the lowest _____ in the world.
8. Switzerland's economy could be described as _____.



Short answers

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- A scenic view of a city, likely Copenhagen, seen from a grassy hill. A large, leafy tree stands on the right side of the hill, its branches extending over the city. The city below is densely packed with buildings, and a body of water is visible in the distance under a blue sky with scattered white clouds.
9. What is the average annual income of Iceland?
 10. Denmark has a low rate of what?
 11. How much is university and healthcare in Norway?
 12. How many saunas are there in Finland?

What factors could be included in these 6 aspects?

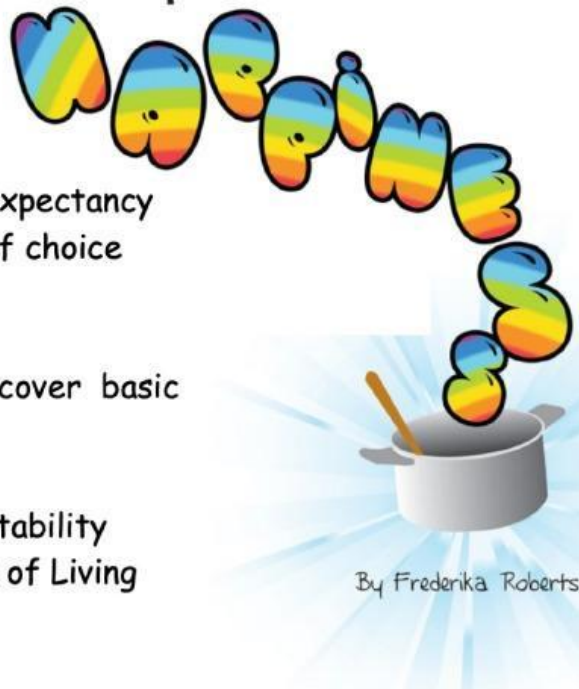


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- ___ Income
- ___ High life expectancy
- ___ Freedom of choice
- ___ socialize
- ___ poverty
- ___ Access to cover basic needs
- ___ Safety
- ___ Financial stability
- ___ Standards of Living

Recipe for



By Frederika Roberts

Class conversation

