

# ALTERNATIVE MEDICINE

## GROUP A

ACUPUNCTURE      MASSAGE  
MEDITATION      TAICHI

- A) It is the act of thinking about something very carefully and deeply for a long time:
  
- B) It is the treatment of a person's illness or pain by sticking small needles into their body at certain places:
  
- C) It is martial art developed in China, currently practiced by several million people throughout the world, making it one of the most practised martial arts:
  
- D) Action that consists of pressing, rubbing or striking rhythmically and with adequate intensity certain areas of the body:



Match the names to the pictures

ACUPUNCTURE, MEDITATION,  
TAICHI, MASSAGE, YOGA

