

## **The benefits of a bilingual brain by Mia Nacamulli**

**According to the video, what is one advantage of being bilingual?**

- a) Improved memory and attention span
- b) Better physical health
- c) Increased creativity
- d) Enhanced musical abilities

**How does being bilingual help with problem-solving?**

- a) It allows you to see things from different perspectives.
- b) It gives you more free time to think.
- c) It makes you better at math.
- d) It helps you remember facts more easily.

**How does being bilingual benefit older people?**

- a) It prevents age-related memory loss
- b) It improves their physical strength
- c) It helps them sleep better at night
- d) It increases their lifespan

**What did the study mentioned in the video find about bilingual children?**

- a) They have difficulty learning other subjects in school.
- b) They have better problem-solving skills.
- c) They are more likely to have behavioral problems.
- d) They have a slower rate of language development.

**What is one potential social benefit of being bilingual?**

- a) Increased job opportunities
- b) More time for hobbies and leisure activities
- c) Improved athletic performance
- d) Reduced risk of allergies

**What does the video suggest about the benefits of being bilingual?**

- a) They are overrated and insignificant.
- b) They only apply to children, not adults.
- c) They have a positive impact on various aspects of life.
- d) They are limited to academic achievements only.