

C. Reading & Writing

Exercise 1: Match the words with the pictures. Use the words in the box.

dumplings	fish	meat	noodles
pasta	rice	soup	vegetables



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____

Exercise 2: Read Richard's letter to his friend, Alessandro. Choose the correct words to complete the sentences.

Dear Alessandro,

Thanks for your email. You asked me to tell you about the food in the UK. Some people think that British people eat unhealthy, fried/ heat food like fish and chips all the time. However, this is not true. A lot of British people prefer to eat food from other countries. Chinese and Indian food is very like/ popular in the UK. Many people eat Chinese or Indian food at the weekend, and some people cook it at home. I like Indian food a lot and think that it is very boring/ tasty, but some dishes with a lot of chili are a bit too spicy for me. Many people also think that British people have afternoon tea every day at 4:00 p.m. This is also not true! People sometimes have afternoon tea with sandwiches and spicy/ sweet foods like cakes, but only on special occasions. You also asked me about what food I like. My favourite/ popular dish from my country is called Shepherd's Pie. It is a cold/ hot dish made of meat and vegetables and potato, which is cooked in the oven. It tastes really good. I usually eat it with a lot of fresh vegetables like peas or cabbage, so it is quite a fat/ healthy dish. My mum usually cooks it for me and my brother when we come home from university. I like to eat Shepherd's Pie in the winter when it is cold, because it makes me feel warm. My favourite cold/ sweet dish is apple pie which is baked. Many people believe that British food is not so tasty, but I think we have some boiled/ delicious dishes.

Hope to hear from you soon.

Best wishes,

Richard

Exercise 3: Read the email from Jenny to her friend, Karen. Then complete the exercise.

Hi Karen,

I hope that you are enjoying your summer holiday in France with your family. I'm having a great time on the school exchange in Turkey. I am staying with a nice girl called Alev. She is very friendly and funny, and her parents are very kind. They cook for me every day. I didn't know very much about Turkish food before I came here, but everything is delicious. In the morning we have a big breakfast with bread, eggs, cheese and jam. It is quite similar to breakfast in the UK. For lunch, we usually have a lot of small dishes. My favorite Turkish foods are borek, a dish with cheese and potatoes, and dolma, a vegetable and rice dish. I also tried an interesting drink made from yoghurt called ayran. I didn't like it very much, but Alev's mother says that it is a very healthy so I drank it all. For dinner last night, we went to a traditional Turkish restaurant and had a kebab, which is the most famous dish in Turkey. It was delicious. After dinner we had coffee. The waiter also gave us baklava, which are small sweet cakes made of honey. I am going to bring some home so that you can try them. I know that you love sweet things!

See you soon at school.

Best wishes,

Jenny

Choose True or False.

True False

1. Jenny is in Turkey with her family.
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2. Jenny knew a lot about Turkish food before she stayed with Alev.

3. The breakfast in Turkey is not very different from breakfast in the UK.

4. Borek is a dish with rice.

5. Jenny didn't like the Turkish yoghurt drink.

6. Baklava is a sweet dish.

7. Jenny tried a famous dish in a restaurant.

8. Jenny is going to bring some coffee back from Turkey.

Exercise 4: Read the magazine article about street food. Then complete the exercise.

One of the most popular activities that people do when they go on holiday to another country is to try the local food. However, eating dinner in a restaurant every night can be expensive, and many people find the restaurants they choose are full of tourists and not many local people. A much better way to try local food is to eat 'street food', food made and sold not in a restaurant, but on the street, from a 'stall' or large table. It is often very tasty and you can try many different small dishes. It's also cheaper than eating in restaurants. Different countries have their own famous types of street food. France is famous for *baguettes*, which are a type of French bread filled with cheese or meat with salad. You can buy *baguettes* from stalls on the street in many French cities. In Italy, there are slices of pizza, and *arancini* which are fried balls of rice with cheese, meat or

vegetables inside. The name *arancini* means ‘oranges’ in Italian. Mexico has tacos, a dish with spicy beans and meat. Eating street food is also a great way to learn about new places and to talk to local people about the food in their country. So, the next time you travel to a new country, don’t go to a restaurant, go to the street instead! You will love the delicious food you can find there.

Complete the sentences with one word from the text.

1. Many people like to try the local _____ when they visit another country.
2. Many restaurants have a lot of _____ but not many local people go there.
3. Street food is usually _____ than food in restaurants.
4. You can buy baguettes on the _____ in many cities in France.
5. Arancini is the Italian word for _____.
6. Tacos are a popular street food in _____.