

Listening

1- Listen to part of a job performance review, where Adrian is talking to his boss, Rachel. Then read the questions and choose the correct answer.

(2 points each)

1 What is something that Adrian thinks he does well?

- A improving the relationship between his team members
- B recognizing the best members of a team
- C communicating with his team in a clear way

2 How have some of Adrian's team members changed this year?

- A Their behavior has become more destructive.
- B They have had more problems with Adrian.
- C Their attitude has become more positive.

3 What's Rachel's attitude to Adrian's team's performance this year?

- A positive
- B unhelpful
- C critical

4 What's Adrian's attitude to Rachel's suggestion?

- A optimistic
- B pessimistic
- C unpleasant

2 - Match the words to the synonyms.

(1 point each)

- | | |
|-------------------|-------------------|
| 1. ___ fabulous | a. very beautiful |
| 2. ___ disgusting | b. not relaxed |
| 3. ___ bizarre | c. very strange |
| 4. ___ tense | d. horrible |
| 5. ___ stunning | e. wonderful |

3 - . Match the words to the definitions.

(1 point each)

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|--------------------|--|
| 1. ___ turn to | a. to make it possible for something to happen |
| 2. ___ assist | b. to decide to do or be responsible for something |
| 3. ___ build trust | c. to give something to help |
| 4. ___ contribute | d. to try to find help or comfort from someone |
| 5. ___ take on | e. to develop confidence or belief in someone |
| 6. ___ enable | f. to help |

4 - Choose the correct answer.

(1 point each)

1. I am afraid of swimming, so when I try to do it, my *breathing technique* / *anxiety level* increases.
2. I think it's important to be *in control* / *rational* of your fears and emotions.
3. Before I got on the balloon, I *was scared to death* / *overcome my fear*, but later I felt much better.
4. Being with my family usually helps me *cure* / *calm down* when I am stressed out.

Grammar

5 . Rewrite the sentences using a present participle.

(1 point each)

1. I like to walk home with my friends and talk on the way.

2. There were some people by the back door who were waiting for the actors.

3. This law applies to people who earn less than the minimum wage.

6 - Choose the correct conditional sentence.

(1 point each)

EXAMPLE:

- A You love this spaghetti when you should try it.
- B Whenever you love this spaghetti, you try it.
- C If you try this spaghetti, you will love it.

1. ____

- A If you want to get fit, you should try this app.
- B When you are going to get fit, you will try this app.
- C Whenever you try this app, you will get fit.

2. ____

- A I think about going back there when I may feel anxious.
- B I feel anxious whenever I think about going back there.
- C If I will feel anxious, I think about going back there.

3. ____

- A If you speak to Anna, she might help you with your problem.
- B You might speak to Anna whenever she will help you with your problem.
- C Whenever you will speak to Anna, she helps you with your problem.

Reading

7- Read the article. Then read the statements and decide if the information is True, False, or Not Given.

Community projects

Your time, skills, and money can be essential tools for tackling the challenges faced by your neighborhood. Getting involved in a community project can be highly satisfying and an effective way to solve local problems or work for causes you are passionate about.

If you are eager to find a local project to get involved in, there are lots of places where you can get information. Check out websites for voluntary work, community discussion boards, neighborhood blogs, or even just ask around your community. However, if you are prepared to start your own project, here are a few ideas.

Food drives

A food drive is a way of encouraging local people to work together for a good cause. First, you might need to get access to a large space, which will make things easier when collecting a substantial amount of food. Then, with just some advertising at local stores, schools, and organizations and with the help of some volunteers, you will be greatly assisting your local food banks or shelters.

Playgrounds

Building a playground for the local children can be another way of improving your community. The construction needs to be carefully planned: from finding and gaining permission to use a piece of public land to deciding on the equipment needed. You can either raise funds to buy the equipment or have volunteers build it with donated materials or even recycled products, such as tires.

Beach cleanups

If you are lucky enough to live in an area near a lake or the ocean, you will probably be conscious of how important a beach can be for the local community. You will also know that beaches often tend to get dirty. One way you can help with that is by organizing groups to clean the beaches and recycle the garbage left on it or washed up from the ocean.

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|---|------------|
| 1. The best way to find out about community projects is by talking to neighbors. | T / F / NG |
| 2. The writer suggests finding somewhere to store the donations in a food drive. | T / F / NG |
| 3. The first step to building a playground is selecting the equipment. | T / F / NG |
| 4. The equipment for the playground can be bought or built. | T / F / NG |
| 5. The most effective way of cleaning beaches is by using small groups of people. | T / F / NG |