

For questions 1–8, read the text below and decide which answer (A, B, C or D) best fits each gap. There is an example at the beginning (0).

Mark your answers **on the separate answer sheet**.

Example:

0 A whole B complete C full D entire

0	☐ A	☒ B	☐ C	☐ D
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How well do you sleep?

Do you need (0) silence to sleep well at night? While some people can sleep through a great deal of noise, others are woken up by the (1) sound. It appears that as we sleep, our brains produce rapid pulses, or waves, called 'sleep spindles'. Research has (2) that our ability to sleep soundly may (3) on the number of sleep spindles we produce.

Scientists conducted a three-day study on 12 volunteers, all of whom (4) themselves as good sleepers. On the first night, the scientists (5) the volunteers sleep in silence. On the following nights, however, they were subjected to various noises, ranging from the sound of a (6) tap to jet engine roars.

Measurements of brain activity showed that the participants who reacted least to the noise were the ones who produced more sleep spindles, (7) on the quiet night. It is hoped that this discovery will (8) to new ways to help people who have difficulty sleeping.

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|---------------|-------------|-------------|-------------|
| 1 A lightest | B finest | C slightest | D weakest |
| 2 A exposed | B revealed | C displayed | D uncovered |
| 3 A depend | B involve | C rest | D base |
| 4 A assured | B declared | C claimed | D described |
| 5 A permitted | B agreed | C let | D allowed |
| 6 A pouring | B running | C streaming | D flowing |
| 7 A even | B precisely | C still | D exactly |
| 8 A head | B take | C guide | D lead |

For questions 9–16, read the text below and think of the word which best fits each gap. Use only **one** word in each gap. There is an example at the beginning (0).

Write your answers **IN CAPITAL LETTERS** on the separate answer sheet.

Example: 0 A S

Europe’s giant sand dune

On the Atlantic coast of France, about 60 km from the city of Bordeaux, there is a giant sand dune known (0) ‘La Dune du Pilat’. Around 110 m high, 3 km long and 500 m wide, it is (9) famous that it receives about a million visitors a year. It is not (10) the largest sand dune in Europe, but is also moving away from the coast (11) an average rate of nearly 5 m a year. Over (12) last 57 years, it has travelled 280 m inland. This is as a result (13) winds from the Atlantic blowing sand off the side facing the sea onto the side facing the land. Any roads, trees and houses that lie in its path (14) slowly being covered in sand. People (15) climb the dune are rewarded by stunning views of the coast, the forest and the Pyrenees mountains. And they can choose (16) walk, run or roll back down!