

# The Prince's Trust

A safe home, a loving family, opportunities and a bright future. It's what every young person deserves, but for some, life has only brought difficult challenges. These can be due to neglect early in life at a time when young people most need responsible adult supervision. 1 For many, this road includes drug abuse and crime. Many grow up in disadvantaged areas with high unemployment where people spend their entire lives unable to find work or unwilling to do so. Low attendance at school and poor academic performance means they lack education or skills, which prevents them from finding employment. 2 Such a lack of confidence in themselves and their abilities can stop them from moving forward.

But there is hope for youths who have never had the support, encouragement and opportunities so many of us take for granted. 3 The Prince's Trust, which is now the leading youth charity in the UK, helps 18-30 year olds by offering hope and opportunities to get ahead and support themselves. The Trust is based on the belief that every young person deserves a chance to succeed, no matter what their background.

It runs a series of programmes designed to provide young people with the confidence and skills they need to get their lives on track.

4 The programmes have been remarkably successful. So far, more than 750,000 young people have been helped. Tens of thousands have been supported while they develop skills and find jobs. Others have become their own boss through the Enterprise programme, which supports unemployed young people and enables them to set up and run their own business.

The Trust has a real impact, with 75% of the young people it supports finding work, or going into education or training. 5 Although she did well in her GCSEs, she couldn't afford to continue her education and left school to find a job. Two years later, Lucie was a single mother living in a bedsit far away from her friends and struggling to pay the bills. Suffering from depression and not knowing where to turn for help, she went to see her doctor who recommended, among other things, that she join a gym. Lucie discovered a passion for fitness, and trained and qualified as a fitness instructor. Following the birth of

4 Six sentences have been removed from the article. Choose from the sentences A-G the one which fits each gap (1-6). There is one extra sentence which you do not need to use.

- A These include job training, personal development, support to start up their own businesses, encouragement and advice.
- B Without it to teach them right from wrong and to prepare them for life, they can end up on a dangerous path.
- C One such person is Lucie Campbell who left home on her 16th birthday due to family problems.
- D Despite trying, she was unable to find work and, as a result, became deeply depressed, spending her days at home in front of the TV.
- E It was for them that HRH The Prince of Wales set up The Prince's Trust in 1976, to improve the lives of disadvantaged youth in the UK.
- F She is very proud of her achievement, but stresses that it would not have been possible without The Trust's support.
- G This leads to the development of low self-esteem and they lose all hope of ever having a career or starting a family.

her second child and the closure of the gym's childcare facilities, she came up with a great idea: a combined adult and toddler fitness class. She called the class Jumping Jacks ABC. Not knowing how to develop it into a real business, she approached The Prince's Trust for advice. 'The Prince's Trust allowed me to put my ideas into practice and gave me the knowledge I needed to take my ideas further than I'd ever imagined,' Lucie said. With her new skills and confidence, she has taken her successful business into its fourth year of trading. 6 Now, in addition to being a successful businesswoman, Lucie is a role model for other unemployed young people.

Stories such as Lucie's show how important it is to help disadvantaged young people by giving them the skills they need to cope in an increasingly challenging world. Their lives may have begun with little promise, but The Prince's Trust is leading the way in guiding and helping them to develop their talents and enjoy fulfilling lives.