

a. Describe actions in progress at a specific time which is either stated or understood

1. You've told me that three times today.

b. Talk about an activity that has recently stopped.

2. The weather is changing – it's getting cold again.

c. Emphasize repetition, duration or the temporary nature of the event

3. I think I know what she wants for Christmas.

d. Talk and ask about arrangements or plans

4. He was cooking his dinner when I phoned.

e. Describe change and development

5. I'm trying to speak to him for weeks.

f. Describe single or habitual actions, or repeated actions

6. I'm playing tennis with Paul tomorrow.

g. Describe states

7. It looks as though it's been raining here.