

1



Tick the correct variant.

- 1 ☒ Wash your hands before meals.
- 2 ☐ Eat with dirty hands.
- 3 ☐ Eat sweets more often.
- 4 ☐ Don't skip breakfast.
- 5 ☐ Fruit and vegetables give you vitamins.

- 6 ☐ Breakfast isn't important.
- 7 ☐ Don't eat sweets before meal.
- 8 ☐ Do sport.
- 9 ☐ Sport isn't good for your body.
- 10 ☐ Brush your teeth three times a day.

2



Match and make up sentences.



1 I wash my hands before meals.