

Illnesses and injuries

VOCABULARY BANK

1 MINOR ILLNESSES AND CONDITIONS

a Match the sentences with the pictures.

She has / She's got...

a **cough** /kɒf/

a **headache** /'hedək/ (backache, earache, stomach ache, toothache)

a **rash** /ræʃ/

a **temperature**

sunburn /'sʌnbɜːn/

She's **being sick** /

She's **vomiting**.

She's **sneezing**.

Her **ankle's swollen**.

Her back **hurts**.

Her back **aches**.

Her finger's **bleeding**.



b 2.1 Listen and check.

c Match the illnesses and conditions with their cause or symptoms.

1 B He has a **sore throat**.

2 He has **diarrhoea**.

3 He **feels sick**.

4 He's **fainted**.

5 He has a **blister** on his foot.

6 He has a **cold**.

7 He has **flu**.

8 He feels **dizzy**.

9 He's **cut himself**.

A He has a temperature and he aches all over.

B It hurts when he talks or swallows food.

C It's so hot in the room that he's lost consciousness.

D He's been to the toilet five times this morning.

E He feels that he's going to vomit.

F He's sneezing a lot and he has a cough.

G He feels that everything is spinning round.

H He's been walking in uncomfortable shoes.

I He's bleeding.

2 INJURIES AND MORE SERIOUS CONDITIONS

a Match the injuries with their causes or symptoms.

1 C He's **unconscious**.

2 He's had an **allergic reaction**.

3 He's **sprained** his ankle.

4 He has **high (low) blood pressure**.

5 He has **food poisoning**.

6 He's **choking**.

7 He's **burnt** his hand.

A He spilt some boiling water on himself.

B He fell badly and now it's swollen.

C He's breathing, but his eyes are closed and he can't hear or feel anything.

D It's 180 over 140 (or 18 over 14).

E He ate some prawns that were off.

F He was eating a steak and a piece got stuck in his throat.

G He was stung by a wasp and now he has a rash and has difficulty breathing.

Common treatments for...

a **cut** minor: put a plaster on it (AmE band aid) and antiseptic cream, major: have stitches

headaches take painkillers

an infection take antibiotics

a **sprained ankle** put ice on it and **bandage** it

an allergic reaction take antihistamine **tablets** / pills or use cream

b 2.3 Listen and check.

ACTIVATION Cover the illnesses, injuries, and conditions in 1a/c (1–9) and 2a (1–7). Look at the pictures, or causes and symptoms, and say the sentences.

3 PHRASAL VERBS CONNECTED WITH ILLNESS

a Match the **bold** phrasal verbs to their meanings.

Please **lie down** on the couch. I'm going to examine you.

After two hours queuing in the sun, I **passed out**, and when I **came round** I was lying on the floor.

It often takes a long time to **get over** flu.

A few minutes after drinking the liquid I had to run to the bathroom to **throw up**.

1 _____ faint

2 _____ put your body in a horizontal position

3 _____ vomit, be sick

4 _____ get better / recover from sth

5 _____ become conscious again