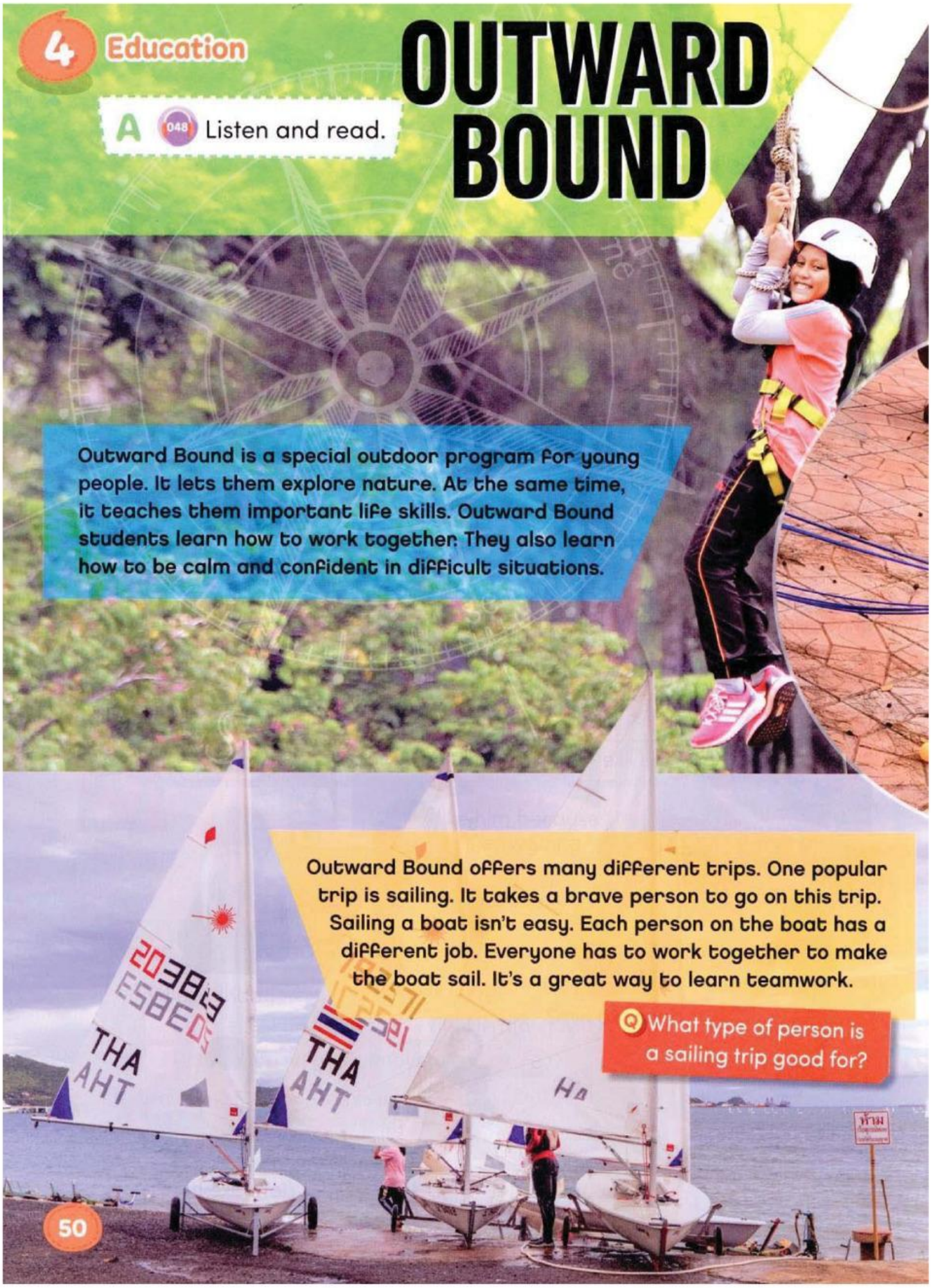
4 Education

OUTWARD BOUND

A 048 Listen and read.



Outward Bound is a special outdoor program for young people. It lets them explore nature. At the same time, it teaches them important life skills. Outward Bound students learn how to work together. They also learn how to be calm and confident in difficult situations.

Outward Bound offers many different trips. One popular trip is sailing. It takes a brave person to go on this trip. Sailing a boat isn't easy. Each person on the boat has a different job. Everyone has to work together to make the boat sail. It's a great way to learn teamwork.

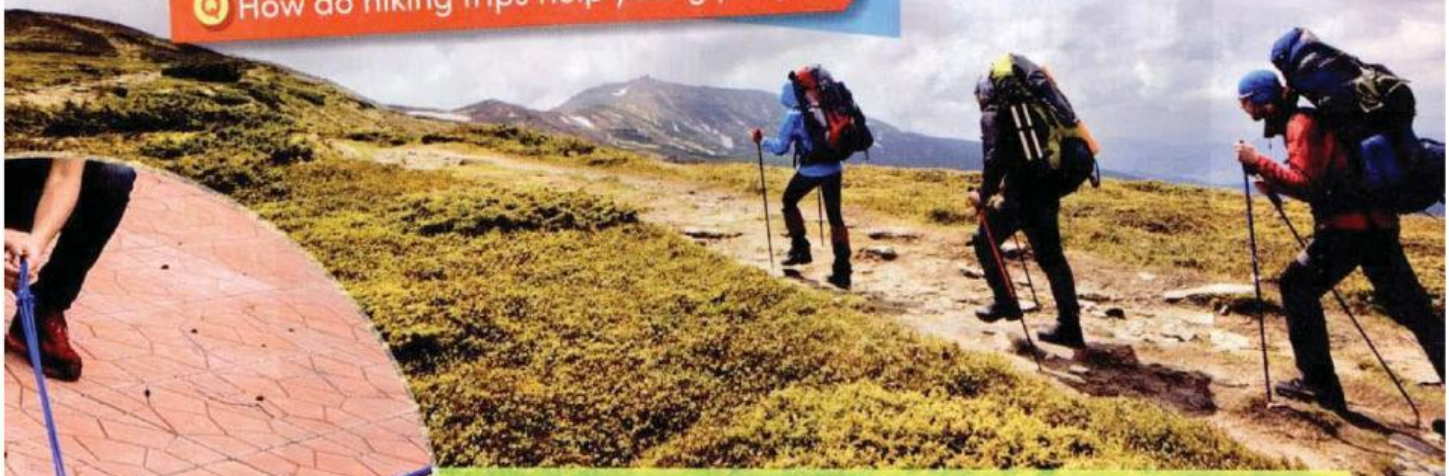
Q What type of person is a sailing trip good for?

LIVEWORKSHEETS

Connect 4

Outward Bound students can also go on hiking trips. They get to explore beautiful mountains. These hiking trips aren't just about walking, though. Students need to overcome obstacles as a group. These trips help young people be more confident.

Q How do hiking trips help young people?



Outward Bound also offers community service projects. Students might clean up a hiking trail or a beach, or help collect food for a local food bank. They learn the value of giving back. Outward Bound will make you ready for anything in life.

Q What do community service projects teach Outward Bound students?

B Read the questions. Underline the answers in the text.

C Read again. Discuss the questions.

LIVEWORKSHEETS