READING

1. Read the following text and choose the best title for it.

- Green living *(Sống xanh)*
- Green issues *(Các vấn đề xanh)*
- Green products *(Các sản phẩm xanh)*

More and more people adopt a green lifestyle. It is a choice we make to change to a greener and more sustainable lifestyle. There are many things you can do to become an eco-friendly person. Here are some of them.

Turning off your appliances when they are not in use

This is one of the easiest ways to save energy and reduce your carbon footprint. It also helps reduce energy bills and prevent any dangerous situations such as a fire or an explosion.

Buying products that are grown using more natural organic methods

This helps reduce the use of harmful chemicals in food. Organic food is better for us because it is safer and healthier. It also tastes better.

Cutting down on plastic use

This really helps the environment because it takes many years for plastic waste to break down into small pieces. Bring a reusable bag when you go shopping, and your own refillable bottle instead of buying bottled water.

Recycling as much as possible

This prevents pollution because it reduces the need to collect new raw materials and protects natural resources such as water and trees. So don't throw away your used household items, but sort and recycle them.

2. Circle the correct meanings of the highlighted words and phrases in the text.

1. sustainable *(bền vững, phát triển lâu dài)*

a. causing little or no damage to the environment *(gây hại ít hoặc không gây thiệt hại cho môi trường)*

b. bringing no benefits to the environment *(không mang lại lợi ích cho môi trường)*

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2. organic *(hữu cơ)*

a. without the use of animal organs *(không sử dụng nội tạng động vật)*

b. without the use of chemicals *(không sử dụng hóa chất)*

3. cutting down on *(cắt giảm)*

a. reducing *(giảm bớt)*

b. reusing *(tái sử dụng)*

4. natural resources *(tài nguyên thiên nhiên)*

a. materials supporting life *(vật liệu hỗ trợ cuộc sống)*

b. materials harmful to life *(vật liệu có hại cho cuộc sống)*

3. Read the text again and decide whether the following statements are true (T) or false (F).

	T	F
1. Green living is now compulsory for many people.		
2. Turning off electrical appliances is an easy way to save energy.		
3. It takes a long time for plastic waste to break down.		
4. The use of refillable water bottles is not encouraged.		

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