

## READING

### 1. Read the following text and choose the best title for it.

- Green living (*Sống xanh*)
- Green issues (*Các vấn đề xanh*)
- Green products (*Các sản phẩm xanh*)

More and more people adopt a green lifestyle. It is a choice we make to change to a greener and more **sustainable** lifestyle. There are many things you can do to become an eco-friendly person. Here are some of them.

#### **Turning off your appliances when they are not in use**

This is one of the easiest ways to save energy and reduce your carbon footprint. It also helps reduce energy bills and prevent any dangerous situations such as a fire or an explosion.

#### **Buying products that are grown using more natural **organic** methods**

This helps reduce the use of harmful chemicals in food. Organic food is better for us because it is safer and healthier. It also tastes better.

#### **Cutting down on plastic use**

This really helps the environment because it takes many years for plastic waste to break down into small pieces. Bring a reusable bag when you go shopping, and your own refillable bottle instead of buying bottled water.

#### **Recycling as much as possible**

This prevents pollution because it reduces the need to collect new raw materials and protects **natural resources** such as water and trees. So don't throw away your used household items, but sort and recycle them.

### 2. Circle the correct meanings of the highlighted words and phrases in the text.

1. sustainable (*bền vững, phát triển lâu dài*)

a. causing little or no damage to the environment (*gây hại ít hoặc không gây thiệt hại cho môi trường*)

b. bringing no benefits to the environment (*không mang lại lợi ích cho môi trường*)

2. organic (*hữu cơ*)

a. without the use of animal organs (*không sử dụng nội tạng động vật*)

b. without the use of chemicals (*không sử dụng hóa chất*)

3. cutting down on (*cắt giảm*)

a. reducing (*giảm bớt*)

b. reusing (*tái sử dụng*)

4. natural resources (*tài nguyên thiên nhiên*)

a. materials supporting life (*vật liệu hỗ trợ cuộc sống*)

b. materials harmful to life (*vật liệu có hại cho cuộc sống*)

**3. Read the text again and decide whether the following statements are true (T) or false (F).**

	T	F
1. Green living is now compulsory for many people.		
2. Turning off electrical appliances is an easy way to save energy.		
3. It takes a long time for plastic waste to break down.		
4. The use of refillable water bottles is not encouraged.		