Food waste

Reading practice

Level 3

Do you know how to stop food waste? Practise your reading in English with this text about a school campaign.



Preparation

Match the words with the definitions.

a campaign	a part of something
an update	a place where rubbish is buried in the ground
a canteen	a series of activities to try and change something
a portion	organic material used to help plants grow
waste	a restaurant in a school or workplace
compost	food that's left after a meal
a landfill site	the most recent news about something
leftovers	material which is thrown away because it's not wanted

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Reading text

Read the text about a school campaign.

Stop wasting food! Campaign update

The campaign to reduce food waste is in its third week, and we're already seeing some great results. We'd like every student and teacher to join in the campaign at school and at home, so if you haven't started yet, read our blog and join in!

Stop wasting food at school



According to school lunch director Marge Kaplan, 'the children are making a big effort to think in a sensible way about the food they put on their plates. We now have about 15% less waste and we think this percentage will grow as more children join in the campaign.'

The school canteen now offers two portion sizes for all main meals: small and large. This week they'll replace single bread rolls with slices of bread. You can take as many slices as you want, but one at a time to save waste.

Latest news!

From next week you'll be able to put any waste from fresh fruit and vegetables into the special green bin at the back of the canteen. Miss Norris, the school gardener, will empty the bin each day into a giant compost container in the school's vegetable garden.



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Stop wasting food at home

Every year, we waste about a third of our food. A lot of this waste is cereals, fruit and vegetables. In the UK, more than 97% of food waste ends up in a landfill site. That's a lot!



Come to a special meeting with supermarket owner Carlos Rodriguez to learn how we can save food and money at home!



Campaign meeting!

How to save food and money at home

- **When:** Friday 12 May, 5–6 p.m.
- **Where:** School hall
- **Who:** Carlos Rodriguez
- **What:** Top tips on how to store food, measure sensible portion sizes and cook tasty meals from leftovers

Students and families welcome!

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1. True or false?

Circle true or false for these sentences.

a.	The campaign's already started.	*true*	*false*
b.	Marge Kaplan works at the school.	*true*	*false*
c.	You can choose a small or big school lunch.	*true*	*false*
d.	There will be no more bread with school lunches.	*true*	*false*
e.	The gardener will use meat waste.	*true*	*false*
f.	We waste more than a quarter of our food.	*true*	*false*
g.	Carlos Rodriguez is a teacher.	*true*	*false*
h.	The meeting's only for children.	*true*	*false*

2. Choose the answer!

Read the sentence. Circle the correct answer.

a. The campaign's having a _____ result. **positive / negative / disappointing**

b. Children are producing less waste at _____. **breakfast / lunch / dinner**

c. Children can choose different _____ of meals. **sizes / prices / types**

d. Miss Norris is the school _____. **teacher / cook / gardener**

e. A lot of food waste goes into a _____ site. **recycling / garden / landfill**

f. Mr Rodriguez runs a _____. **supermarket / garden / restaurant**

g. The meeting's in the _____. **supermarket / school hall / landfill site**

h. Children can take their _____ to the meeting. **lunches / homework / families**

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Write and draw!



What ideas have you got to reduce food waste? Draw a picture and write about them!

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