BRITISH COUNCIL

LearnEnglish Teens

Listening skills practice: Stop wasting time – exercises

Listen to the conversation about how to study better and do the exercises to practise and improve your listening skills.

Preparation

Fill the gaps with the verbs from the box.

need	waste	start off
end up	turn off	look up

1. When you need to study, you don't want to _____ time.
2. It's easy to _____ working well but _____ doing something else.
3. It's a good idea to _____ your music.
4. You can use the internet to _____ information.
5. Make sure you have everything you _____ before you start.

1. Check your understanding: reordering

Write a number (1–6) to put these tips in the order that you hear them.

.....	Turn off your music.
.....	Take away the things that stop you working.
.....	Turn off your phone.
.....	Have something to eat and drink on your desk.
.....	Put your pet outside.
.....	Turn off your instant messages.

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LIVEWORKSHEETS

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2. Check your understanding: true or false

Circle *True* or *False* for these sentences.

1.	Tom doesn't know how to start studying.	*True*	*False*
2.	Tom's mum thinks that music helps people study.	*True*	*False*
3.	Tom puts the dog outside.	*True*	*False*
4.	Tom's mum recommends having a sandwich on the desk.	*True*	*False*
5.	Tom doesn't want to turn off his phone at first.	*True*	*False*
6.	Tom needs the internet to study.	*True*	*False*
7.	Tom's going to turn off his messages.	*True*	*False*
8.	Tom thinks his mum has helped him.	*True*	*False*

Discussion
What things stop you from working? What can you do to study better?

Vocabulary Box	Write any new words you have learnt in this lesson.

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