

Reducing single-use plastics (e.g., using reusable bags, bottles, and straws).

Practicing proper waste management (e.g., recycling, composting, and reducing waste generation).

Conserving water (e.g., taking shorter showers, fixing leaks, and using water-efficient appliances).

Embracing sustainable transportation (e.g., carpooling, using public transportation, and biking or walking for short distances).

Supporting local and sustainable food systems (e.g., choosing locally grown and organic produce, reducing meat consumption, and supporting farmers' markets).

Conserving energy at home (e.g., turning off lights and appliances when not in use, using energy-efficient lighting, and properly insulating homes).

Planting trees and creating green spaces to enhance biodiversity and improve air quality.

Educating others about environmental issues and raising awareness through community initiatives or social media.

Supporting renewable energy sources (e.g., investing in solar or wind energy, advocating for clean energy policies).

Participating in volunteer activities focused on environmental conservation and restoration.