What is Health?

Use the word bank below to match each term with the correct description.

Social	Environment	Chronic	Prevention
Culture	Risks	Physical	Health
Habit	Wellness	Mental	
Lifestyle	Heredity	Peers	

- 1. The surroundings or conditions in which a person, animal, or plan lives or operates
- 2. The state of being in good health, especially as an actively pursued goal
- 3. A person's mental and physical condition
- 4. The passing on of physical or mental characteristics genetically from one generation to another
- 5. Relating to disorders of the mind
- 6. Expose (someone or something valued) to danger, harm, or loss
- 7. Relating to the body as opposed to the mind
- 8. Having an illness persisting for a long time or constantly recurring
- 9. The way in which a person or group lives
- 10. A person of the same age, status, or ability as another specified person
- 11. Relating to society or its organization
- 12. The customs, arts, social institutions, and achievements of a particular nation, people, or other social group
- 13. A action of stopping something from happening or arising
- 14. A settled or regular tendency or practice

