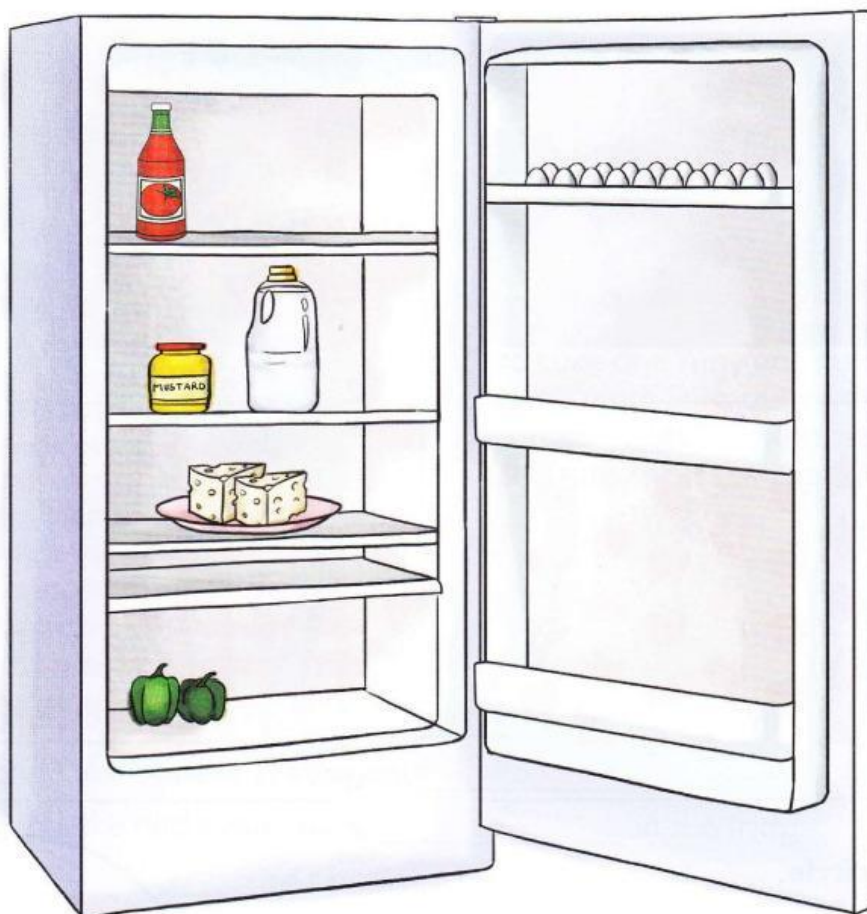


9 Look and answer. Use **some** or **any**.



- 1 Is there any milk? _____
- 2 Is there any turkey? _____
- 3 Is there any tomato sauce? _____
- 4 Are there any eggs? _____
- 5 Are there any red peppers? _____

10 Look at 9. Write the questions.

- | | |
|---------|------------------------------------|
| 1 _____ | Yes, there is some cheese. |
| 2 _____ | Yes, there is some mustard. |
| 3 _____ | No, there aren't any onions. |
| 4 _____ | Yes, there are some green peppers. |
| 5 _____ | No, there isn't any juice. |

11 Read. Then write **A, B, C, D** or **E**.

	Where do we get the vitamins in food?
Vitamin A	carrots, mangoes, milk, eggs
Vitamin B	potatoes, bread, chicken, cheese, eggs, green vegetables
Vitamin C	oranges, peppers, tomatoes, potatoes
Vitamin D	eggs, fish, milk, the sun
Vitamin E	nuts, green vegetables



1 Vitamin ____



2 Vitamin ____, ____ and ____



3 Vitamin ____



4 Vitamin ____



5 Vitamin ____ and ____



6 Vitamin ____

3:12

12

Listen and circle.

- Vitamin A is good for our **eyes** / **ears**.
- Vitamin B helps make blood and gives us **energy** / **skin**.
- Vitamin C is good for bones, teeth and our **brain** / **muscles**.
- Vitamin D helps makes strong **skin** / **bones**.
- Vitamin E keeps our **blood** / **muscles** healthy.

**THINK
BIG**

Write and draw.

I get Vitamin ____ from

_____.

