

Vocabulary

In this unit, you are going to learn some useful vocabulary that you as au-pairs need to know to communicate appropriately in the most common things that you will be involved.

Vocabulary: Health and first aid

1. Health problems:

- I have a **headache**.
- I have **toothache**.
- I have **backache**.
- I have **stomachache**.
- I have **earache**.
- I have **flu**.
- I have **runny nose**.
- I have **fever**.
- I have **high temperature**.
- I have **sore throat**.

2. Medicines:

- Eye drops
- Syringe
- Syrup
- Bandage
- Shot / injection (give some an injection)
- Pain-killer
- Pill

3. People engage in health care:

- Ophthalmologist
- Dentist
- Doctor
- Nurse

- Patient
- Surgeon

4. Places regarding to health

- Pharmacy/ drugstore.
- Hospital
- Operating theater
- Surgery (medical operation)
- Waiting room

5. Giving first aid- Accidents and emergencies

- **Bite:** A wound made by the teeth of an animal or person.
- **Bleeding:** Loss of blood.
- **Burn:** An injury caused by fire or touching something that is hot.
- **Choking:** Being unable to breathe because something is lodged in your throat.
- **First aid:** Emergency treatment immediately following an accident, before the emergency services arrive.
- **First aider:** A person who has been trained to give first aid treatment.
- **First aid kit:** A box containing first aid supplies and equipment which can be used to treat someone who has been injured in an emergency.
- **Fractured:** A broken bone.
- **Hazards:** Dangers or possible dangers.
- **Injury:** Physical damage to the body caused by an accident.
- **Minor accident:** An accident which does not cause serious injuries.
- **Mouth to mouth:** Giving oxygen by mouth to a person who is not breathing, to keep it alive.
- **Poison:** A toxic substance that is hazardous to live. Poisons can be inhaled, swallowed, or absorbed through the skin.
- **Pulse:** Heartbeat.
- **Stroke:** A medical emergency caused by lack of flow of blood to the brain.
- **Vomiting:** Being sick (throwing up).

After checking the vocabulary about health and first aid, you need to put in practice the knowledge learnt. For that reason, you are going to develop the following activity.

Activity

1. Fill in the blanks with the right word that represents the following pictures.



h)



i)



j)



k)



l)



m)



n)



2. Complete the sentence with the right word. Select from the box the right ones:

Stroke	Burn	Bleeding	Fracture	First aid kit
Pulse	First aid	Bite	Vomit	Poison

- a.) My friend got a _____ yesterday.
- b.) My dog _____ me in the hand.
- c.) It looks that you _____ yourself touching the oven.
- d.) The _____ helps my daughter in the school.
- e.) We need a _____ in every classroom.
- f.) He is _____ ! Help him.
- g.) Check the _____ .
- h.) He suffers a _____ due to a hit in the brain.
- i.) A substance like _____ could cause the death.
- j.) The fast food makes him want to _____