

**I MATCH**

- |          |                          |                       |  |
|----------|--------------------------|-----------------------|--|
| 1. dairy | <input type="checkbox"/> | <input type="radio"/> | a) a hard heavy metal                                    |
| 2. cell  | <input type="checkbox"/> | <input type="radio"/> | b) milk, cheese, butter, yoghurt, etc.                   |
| 3. iron  | <input type="checkbox"/> | <input type="radio"/> | c) a white substance under skin                          |
| 4. fat   | <input type="checkbox"/> | <input type="radio"/> | d) the smallest part of any living organism              |
| 5. heal  | <input type="checkbox"/> | <input type="radio"/> | e) make a part of the body healthy again after a disease |

**II FILL IN THE GAPS**

Positive	Comparative	Superlative
fast	faster	
easily	more easily	
well		best
	later	latest
	more happily	most happily

**III FILL IN THE MISSING PREPOSITION**

1. Not drinking enough water leads \_\_\_\_\_ headaches.
2. Fruit and vegetables are rich \_\_\_\_\_ vitamins.
3. Fast food is usually high \_\_\_\_\_ fat, calories and cholesterol.
4. People can become addicted \_\_\_\_\_ drugs, tobacco and alcohol.
5. I can eat hamburgers every day \_\_\_\_\_ lunch and dinner.
6. It is hard to give \_\_\_\_\_. It is much easier not to start.

**IV FILL IN THE MISSING WORDS****supply****benefits****addiction****diet****stretch**

1. A balanced \_\_\_\_\_ together with regular physical exercises helps people become and stay healthy.
2. One of the \_\_\_\_\_ of vitamin C is that it minimizes the risk of heart attacks.
3. Why are meat and dairy products good for people? – Because they \_\_\_\_\_ protein to their bodies.
4. Smoking \_\_\_\_\_ is harmful because it may lead to cancer and other problems with health.
5. How can I become more flexible? – You can \_\_\_\_\_ regularly.

**V COMPLETE THE SENTENCES . PUT THE ADVERBS INTO THE CORRECT DEGREE.**

1. My grandad smokes and his health isn't great. My granny tells him that the \_\_\_\_\_ (**soon**) he stops smoking, the \_\_\_\_\_ (**long**) and \_\_\_\_\_ (**healthy**) his life will be.
2. The \_\_\_\_\_ (**late**) you go to bed, the \_\_\_\_\_ (**hard**) it is to get up in the morning.
3. On some days, I think I play \_\_\_\_\_ (**badly**) in my football team, but on other days, I am really good.