

What should you do for a cold?

1 England



What should you do when you have a cold? My mum usually makes me a cup of hot tea. But some parents have different ideas. I asked my e-pals from different countries what they have to do when they don't feel well.

2 Poland



My friend Marek has to drink hot milk when he has a cold or a sore throat. His mum puts the milk with some butter in the microwave oven. When it's hot, she adds an egg (not cooked!) and some honey. I don't think it's tasty, but he says it works.

3 Japan



Aiko doesn't have a hot drink for a cold, but her dad makes her hot soup. It's actually hot green onion soup. Aiko says you should have three bowls of this soup every day when you have a cold. She says it's good for a blocked nose too.

4 Canada



My friend Charlie thinks socks are a good idea for a cold. He says you have to use old socks when you are ill! First, you have to put your feet in hot water, so they are warm. Then you put the socks in water, so they are wet. Next you put on the wet socks and wear some dry socks on top of them. Then go to bed!

What do you do when you have a cold? Write to me!

Match the pictures to the paragraphs 1-4.

Przeczytaj tekst i dopasuj obrazki do akapitów 1-4.

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Match the beginnings of the sentences 1-5 to their endings a-f. There is 1 extra ending.

Przeczytaj tekst ponownie i dopasuj początki zdań 1-5 do zakończeń a-f. Jedno zakończenie podano dodatkowo.

- | | |
|---|---------------------------------------|
| 1 Bill's mum ☐ f | 4 Aiko's dad ☐ |
| 2 Marek has to ☐ | 5 Charlie ☐ |
| 3 Aiko ☐ | |

- a makes hot soup for a cold.
- b wears wet socks for a cold.
- c drink hot milk for a cold.
- d thinks cold tea isn't tasty.
- e doesn't have tea or milk for a cold.
- f makes tea for a cold.

Complete the text. Write 1 word in each gap.

Przeczytaj tekst ponownie i uzupełnij zadania.
Wpisz 1 słowo w każdą lukę.

- 1 Bill asked his e-pals for ideas.
- 2 Marek's idea works for a cold or a sore _____.
- 3 Bill thinks the milk drink isn't _____.
- 4 Aiko's soup has green _____ in it.
- 5 Charlie wears _____ and dry socks in bed.

Listen and repeat. Now match the words in the BOX to the pictures 1-5.

Posłuchaj i powtórz. Teraz dopasuj słowa z ramki do obrazków 1-5.

blood bones brain heart muscles

