

Complete the paragraph with the following words:

Essential - rely on - definitely - informed - severe - declining - individuals

Nowadays, the number of big fish is \_\_\_\_\_ in oceans due to overfishing. This has a \_\_\_\_\_ impact on the ecosystem, resulting in the increase of small fish. This can be interpreted by the fact that people \_\_\_\_\_ big fish in their diet. Therefore, it is \_\_\_\_\_ for people to have \_\_\_\_\_ choices on what they should eat. By doing this, we can say that \_\_\_\_\_ can \_\_\_\_\_ save the environment.