

Food in English speaking countries

FOOD vs. MEAL vs. DISH

_____ has multiple meanings in English, but it can mean type of food, or food prepared and cooked in a particular way.

_____ is a general word that refers to anything you can eat.

_____ is an occasion, or time when you eat. The most common are breakfast, lunch and dinner.

Fill in the sentences with words *food*, *meal* or *dish*.

1. Every Sunday, my family gathers for a big home-cooked _____.
2. For dinner, we decided to try a new _____ at the Italian restaurant.
3. The chef recommended their signature seafood _____ for lunch.
4. In the morning, I like to start my day with a healthy and nutritious _____.
5. The potluck was a huge success, with everyone bringing a different _____ to share.
6. In many cultures, sharing good _____ is a way to strengthen social bonds and create lasting memories.
7. The farmers' market is a great place to find fresh produce and unique _____ options, especially on weekends.
8. When I'm in a hurry, I often grab a quick and simple _____ on the go.
9. Thanksgiving is a time for families to come together and enjoy a festive _____.
10. The chef prepared a mouthwatering vegetarian _____ for the guests.

Pick what country is famous for the dish and then match them with their definitions.

poutine

large, white, wood-eating larvae of several moths

chicken tikka masala

meringue-based dessert named after a Russian ballerina

vegemite

French fries and cheese curds topped with a brown gravy

pavlova

method of cooking food using heated rocks buried in a pit oven

hāngī

dish consisting of roasted marinated chicken chunks in a spiced sauce

witchetty grub

thick, dark brown food spread made from leftover brewers' yeast extract with various vegetable and spice additives



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Traditional dishes

The full **English breakfast** includes f____ e____, b____, b____, t____, m____, s____, b____ p____, t____



Thanksgiving dinner is a traditional dish eaten on the _____ of November in the USA and the _____ in October in Canada. Thanksgiving food is fairly similar across Canada and the US, with just a few small regional differences. Instead of turkey, Canadians might serve ham and tourtiere, a pastry pie filled with potatoes. For dessert, Ontarian locals usually go for butter tarts, while people in the Canadian Prairie love their apple pie, instead of pumpkin pie. And if you are serving pumpkin pie in Canada, it's likely made with more _____ (muškátový oříšek), ginger, cloves and cinnamon than the US version.



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Christmas lunches in New Zealand and Australia commonly include hot meat, with lamb and ham being the most popular, _____ (kořenovou zeleninu) such as potato and kūmara (sweet potato), and a variety of salads. As appropriate for the often warm summer temperatures of the day, it has become popular _____ (podávat) cold meats and seafood. Pavlovas or Christmas trifles are served as dessert.

In the UK a **Christmas dinner** traditionally includes roasted turkey, stuffing, gravy, pigs in blankets, bread sauce, _____ (marmeláda z červeného rybízu), roast potatoes; vegetables (particularly Brussels sprouts, broccoli, carrots and parsnips). The basic American Christmas dinner is British in origin: roasted root vegetables as a side dish, mashed potatoes, gravy, and the centrepiece being a stuffed roasted fowl.



Christmas pudding is sweet, dried-fruit pudding traditionally served as part of Christmas dinner in Britain and other countries to which the tradition has been exported. By the 1920s, a _____ (zvyk) was established that everyone in the household, or at least every child (and sometimes the servants), gave the mixture a stir and made a wish while doing so. It was common practice to include small silver coins in the pudding mixture, which could be kept by the person whose serving included them. The usual choice was a silver threepence or a sixpence. The coin was believed to bring _____ (bohatství) in the coming year to whomever found it in their serving.

Milk and cookies are left for Santa Claus as a way of expressing _____ (vděčnost) and appreciation for the gifts he would bring.

Fill in the crossword with names of franchises.

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| <ol style="list-style-type: none"> 1. the world's largest fast food restaurant chain 2. Australian fast food franchise of the Burger King Corporation 3. Canada's most popular coffee chain 4. UK-based multinational pizza restaurant chain 5. an American fast food restaurant chain |
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