

Complete each sentence with the word in brackets or its opposite.

השלימו כל משפט במילה שבסוגריים או בהיפך שלה.
אִכְמְלוּ כָּל צִמְתָּה בַּלְמָה הַיְסוּדָה בֵּין הַקּוֹסִינִים אוּ בְעִקְסָהּ.

1. It's ... for babies to drink milk. (important)
2. No one likes John. He's very (popular)
3. Watching too much TV is (healthy)
4. I'm ... because my best friend and I aren't in the same class. (happy)
5. I woke up late and forgot my books. Today is my ... day. (lucky)

What Do You Remember?

New Words

accept
bored
can't wait
disappointed
exercise
feel good
get enough sleep
have a good / bad time
have fun
healthy

Do the following exercises in your notebook.

A Find words in the word list that mean the opposite of the words below.

מִצְאֵוּ מִיְלִים מִן הַרְשִׁימָה שֶׁמִּשְׁמָעוֹתָן הַהִיפֵךְ מִן הַמִּיְלִים שֶׁלִּמְטָה.
גִּדְּדוּ קִלְמָתִים מִן הַקְּאִיטָה מֵעֵנָהּ עֵקֶשׁ מַעֲנֵי הַקִּלְמָתִים אֲדִנָּה.

1. happy
2. sick
3. have fun
4. brave

B Make as many word pairs and phrases as you can.

הַרְבֵּה רַחֵם וְשִׁוְרֵךְ צִמְתֵּי וְהִמְשִׁיחִים

וּלְעִבָּרֹת.

meet friends
miss you
school subject
spend money
spend time
summer vacation
surprised
think positively
tired
twice a week
worry

eat meet
get make
spend have

friends healthy food
money time
a good time enough sleep

C Complete at least three of these sentences about yourself.

הַשְׁלִימוּ לַפְחוֹת שְׁלוֹשֶׁה מִן הַמִּשְׁפָּטִים הַבָּאִים עַל עֲצֻמְכֶם.
אִכְמְלוּ תְּלָת צִמְתֵּי מִן הַצִּמְתֵּי הַתּוֹלִיָּה, עַל הָאִקְל, עַן אֲנִפְסְכֶם.

1. When I go to sleep late, I am
2. I am ... when I get a bad grade.
3. I am ... when I get a present.
4. I stay home from school when I am

Let's Remember

afraid
angry
excited

D Translate the sentences into your language.

תַּרְגְּמוּ אֶת הַמִּשְׁפָּטִים לְשִׁפְתְּכֶם.
תַּרְגְּמוּ הַצִּמְתֵּי אֶל לְשׁוֹנְכֶם.

1. I meet my friends at school.
2. I talk a lot when I am excited.
3. Teenagers don't get enough sleep.
4. We eat unhealthy food.
5. I can't wait to see you.

happy
sad
sick

1 DON'T WORRY, BE HAPPY!

- D I. Write how the people feel. Use the words below.

כתבו איך מרגישים האנשים. השתמשו במילים שלמטה.
אכתבו מה הם מרגישים. השתמשו במילים שלמטה.

tired ■ bored ■ happy ■ surprised ■ afraid ■ sad ■ excited ■ angry



How does she feel when she sees a spider?

afraid



How does she feel when she gets a present?



How does he feel when he watches TV all day?



How does she feel when she goes to bed late?



How does he feel when he gets a lot of homework?



How does she feel when she wins a race?

2. Write three sentences about how you feel. Use the pictures above and the chart below to help you.

כתבו שלוש משפטים על איך אתם מרגישים, היעזרו בתמונות שלמעלה ובטבלה שלמטה.
אכתבו שלוש משפטים על איך אתם מרגישים. השתמשו בתמונות שלמעלה ובטבלה שלמטה.

I am	tired bored happy surprised afraid sad excited angry	when	I win a race. I watch TV all day. I see a spider. the teacher gives us a lot of homework. I get a present. I go to bed late.
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I am afraid when I see a spider.

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