

★ MATCH THE ELEMENTS OF THE INFOGRAPHIC:

HOW TO BE HEALTHY?



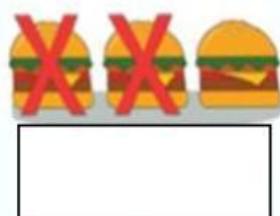
To have a healthy lifestyle...

1. You should go running
twice a week.



2. You should do exercises
three times a week.

3. You shouldn't eat junk
food every day.



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