

Spectator sports

Yankee Stadium is one of the most famous sporting arenas in the world, but not many people outside the United States

¹___ that the structure they see now is not the original stadium. Home to the New York Yankees baseball team, the original Yankee Stadium was ²___ in 1923 in



the Bronx, in the north of New York City. Over 70,000 people packed into the stadium to ³___ the first game the Yankees played ⁴___ the Boston Red Sox. But in 2006, with the aging stadium becoming more and ⁵___ expensive to run, it was announced that the Yankees would build a new stadium just one block away. The new stadium ⁶___ three years to build and cost over two billion US dollars, making it more ⁷___ than almost any other stadium in the world. As well as being a baseball ⁸___, the stadium is also the home of the New York City FC soccer team, and it hosts other events as well. Interestingly, the new stadium is bigger in size ⁹___ the original, but it isn't as big in terms of capacity, meaning that ¹⁰___ New Yorkers can watch their beloved Yankees play ball.

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|----|-----------|-----------|------------|-------------|
| 1 | A see | B know | C say | D think |
| 2 | A made | B done | C put | D built |
| 3 | A watch | B view | C look | D observe |
| 4 | A between | B against | C among | D from |
| 5 | A most | B less | C more | D enough |
| 6 | A used | B spent | C took | D made |
| 7 | A rich | B wealthy | C valuable | D expensive |
| 8 | A venue | B court | C rink | D course |
| 9 | A than | B of | C from | D to |
| 10 | A smaller | B lesser | C lower | D few |

Fitness fads

Why do more men than women do sports and exercise? Sport England, an organization ¹___ encourages people to be more active, has suggested that women don't like doing sport as ²___ as men because they are focused on how their bodies ³___ while exercising. Twenty-five per cent of all women said they ⁴___ their bodies look unattractive when doing sport. Interestingly, three in four of the same women also added they ⁵___ to do more exercise.

In an effort to change this trend, Sport England launched ⁶___ advertising campaign called 'This Girl Can'. They created a series of TV ads showing women exercising and playing sports. The women in the ads are average people, and are ⁷___ sweating and muddy rather than perfectly made up like models. The campaign has had an amazing effect. Media analysts claim that 2.8 million women ⁸___ taken part in sport or exercise as a result of the adverts. The next step is not only to get more women exercising, ⁹___ also to change the attitudes that lead to the desire to look perfect in every situation.

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|---|---------------|--------------|-----------|------------------|
| 1 | A who | B that | C what | D where |
| 2 | A more | B least | C much | D many |
| 3 | A are looking | B looked | C looking | D look |
| 4 | A believing | B to believe | C believe | D were believing |
| 5 | A had liked | B would like | C liked | D will like |
| 6 | A a | B the | C an | D one |
| 7 | A shown | B showing | C showed | D to show |
| 8 | A are | B have | C were | D did |
| 9 | A and | B while | C though | D but |

Diet and exercise

So you think you need to go ¹___ a diet? Are you really sure that's the best way to lose weight and get fit? Very often what you eat ²___ out to be the least important factor, especially if you want the results to last. One question to ask yourself is whether ³___ exercise routine is regular. Spending several hours at a gym three days ⁴___ a row and then doing nothing for two weeks is a bad idea. Getting one hour of exercise ⁵___ other day is far more effective. Your body has ⁶___ own way of adjusting to the exercise routine, and you will experience less fatigue and ⁷___ injuries with a regular workout schedule. Also, if you're one of those people who eat a huge breakfast and then nothing until the evening, ⁸___ eating more often, and remember to make your meals as healthy as possible. Finally, don't ⁹___ an exercise or diet routine just because it's fashionable. It's your body, after all, and by ¹⁰___ attention to how it responds you can find the most effective plan for you.

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|----|----------|-----------|------------|------------|
| 1 | A at | B for | C in | D on |
| 2 | A comes | B turns | C does | D makes |
| 3 | A your | B mine | C its | D his |
| 4 | A at | B of | C in | D for |
| 5 | A every | B each | C some | D one |
| 6 | A his | B its | C her | D your |
| 7 | A less | B the few | C fewer | D the less |
| 8 | A take | B go | C put | D try |
| 9 | A take | B follow | C make | D lead |
| 10 | A paying | B doing | C spending | D having |