

**EXERCISE 1:** Read the text and think of the word which best fits each gap.

# HOBBIES AND INTERESTS



Hobbies and interests play a significant role in our lives, providing us (1) \_\_\_\_\_ opportunities for relaxation, creativity, and personal growth. Whether it is a passion (2) \_\_\_\_\_ painting, playing musical instruments, (3) \_\_\_\_\_ engaging in outdoor activities, everyone (4) \_\_\_\_\_ unique interests that make them who they are.

One popular hobby (5) \_\_\_\_\_ reading. Many people find solace in the pages (6) \_\_\_\_\_ a good book, escaping into different worlds or gaining knowledge on various subjects. Reading (7) \_\_\_\_\_ only entertains but (8) \_\_\_\_\_ broadens our horizons.

Another common interest is sports. Sports enthusiasts can (9) \_\_\_\_\_ found in every corner of the world, from football fans in Europe (10) \_\_\_\_\_ baseball enthusiasts in America. Participating in sports not only promotes physical health but also fosters teamwork and camaraderie.

Creative hobbies (11) \_\_\_\_\_ painting, drawing, or playing a musical instrument allow individuals to express (12) \_\_\_\_\_ artistically. These activities serve (13) \_\_\_\_\_ outlets for emotions and creativity, bringing a sense of accomplishment (14) \_\_\_\_\_ a masterpiece is created or a challenging piece of music is mastered.

For those who enjoy the great outdoors, hiking, camping, and gardening (15) \_\_\_\_\_ popular choices. Nature lovers relish the opportunity to connect with the environment, exploring trails, or nurturing plants, (16) \_\_\_\_\_ provides a sense of tranquility and a break (17) \_\_\_\_\_ the hustle and bustle of daily life.

In the digital age, many people (18) \_\_\_\_\_ developed interests in technology-related hobbies (19) \_\_\_\_\_ as coding, video game development, or photography. These activities not only provide enjoyment but also enhance valuable skills in an ever-evolving world.

In conclusion, hobbies and interests are essential aspects of our lives, offering a way to relax, learn, and grow. Whether it is a quiet evening with a book, an intense football match, or creating art, our interests define (20) \_\_\_\_\_ and bring joy to our daily lives.

**EXERCISE 2:** Find synonyms in the text for the words and expressions below.

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|-------------------------|----------------------|
| 1. Comfort: _____       | 6. Delight in: _____ |
| 2. Companionship: _____ | 7. Paths: _____      |
| 3. Exits: _____         | 8. Peace: _____      |
| 4. Achievement: _____   | 9. Supply: _____     |
| 5. Options: _____       | 10. Improve: _____   |

**EXERCISE 3:** Write a composition about your hobbies and interests. (At least 120 words).