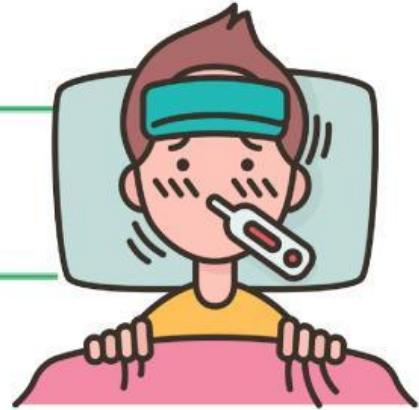


NATURAL SCIENCE

-TASKS-UNIT 2-

This morning Tom is not feeling well.
His body does not function correctly.



1 Choose the correct word.

- Tom is **healthy** / **ill**.
- His parents are taking him to the **health centre** / **school**.
- His **mother** / **doctor** gives him a check-up.
- His doctor prescribes a **medicine** / **vaccination** to make him feel better.

2 Look at Tom's habits and tick the healthy ones.



HE SLEEPS 10 HOURS.



HE WASHES HIS HANDS.



HE EAT SWEETS.



HE PLAY S BASKETBALL.



HE SITS WITH A STRAIGHT BACK.

- 3 What recommendations should Tom follow?
Tick the healthy habits.

- | | |
|--|---|
| ☐ Drink enough water. | ☐ Eat three meals a day. |
| ☐ Eat fresh foods. | ☐ Eat a healthy breakfast. |
| ☐ Eat five meals a day. | ☐ Eat only what he likes. |

- 4 Match.



GREEN

FOODS THAT PROVIDE
VITAMINS AND FIBRE



CHICKEN



LETUCCE



RED

FOODS THAT
HELP US TO GROW



BREAD



POTATOES



YELLOW

FOODS THAT
PROVIDE ENERGY



EGGS



APPLE

- 5 Complete the accident preventions.



After a shower ____

_____.



Never play with

_____.



When you do sports

_____.